# Hands Up Baby Hands Up!



Count: 48 Wall: 4 Level: Improver / Intermediate

Choreographer: Louise Elfvengren (NOR) - January 2010

Music: Hands Up - Ottawan



## Start at vocals "Hands up"

## Section 1

## ROCK FW REC. SHUFFLE BW. ROCK BW REC. SHUFFLE FW

1-2 Rock right forward, recover onto left.

3&4 Step right back, step left beside right, step right back.

5-6 Rock back on left, recover onto right.

7&8 Step left forward, step right beside left, step left forward

#### Section 2

# STEP TURN ½ LEFT, SHUFFLE FW, WALK BW, COASTER STEP

1-2 Step right forward, turn ½ left stepping forward on left.

3&4 Step forward on right, step left beside right, step forward on right.

5-6 Walk back left, right.

7&8 Step left back, step right next to left, step forward on left.

#### Section 3

# WALK x 2, LOCK STEP, STEP, TURN 1/4 RIGHT WITH FLICK, KICK BALL CHANGE

1-2 Walk forward right, left.

3&4 Step forward right, lock left behind, step forward on right.

5-6 Step forward left, turn ¼ right kicking your right leg back and up

7&8 Kick right forward, step down on right, step down on left.

# Section 4

# ROCK FW, 1/2 TRIPLE TURN RIGHT BW, HEEL HOOK, CHASSE LEFT

1-2 Rock right forward, recover onto left.
3&4 ½ triple turn right stepping right-left-right.
5-6 Left heel forward, hook left foot in front of right.

7&8 Step left to left side, step right next to left, step left to left side.

## Section 5

## HEEL HOOK, CHASSE RIGHT, ROCK FW, COASTER STEP

1-2 Right heel forward, hook right foot in front of left.

3&4 Step right to right side, step left next to right, step right to right side.

5-6 Rock left forward, recover onto right.

7&8 Step left back, step right beside left, step forward left.

#### Section 6

## **ROCKING CHAIR, FULL TURN WALKING**

1-4 Rock right forward, recover onto left, rock right back, recover onto left

5-8 Turn left, walking full turn right-left-right-left.