Ease My Troubles



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Debbie Ellis (ES) - April 2010

Music: Have I Told You Lately - Rod Stewart



Night Club Basic, Side, Behind 1/4 turn Step, Step, Pivot, Step, Full Triple Turn.

1 - 2&3	Step right long step to Right side, Rock back on Left, Recover on Right, step Left to Left side.
1 - ZQJ	oled fight folig step to fright side, frock back off Left, frecover off fright, step Left to Left side.

4&5 Step Right behind Left, step left forward making a 1/4 turn Left, step Right forward.

Step Left forward, Pivot 1/2 turn Right, step Left forward.

Full triple turn forward over Left shoulder (stepping R,L,R).

Diagonal Left Lock, Step, Pivot, Step, Diagonal Left Lock, Sway Sway.

2&3	Step Left diagonally forward (facing 1:30), lock Right behind Left, step Left diagonally
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forward.

4&5 Step Right forward, Pivot 1/2 turn Left, (now facing 6:30), step Right forward.

6&7 Step Left diagonally forward, (facing 6:30), lock Right behind Left, step left diagonally

forward.

8 - 1 Sway hips to the Right, (now facing 6:00), sway hips to the Left.

Behind & Cross, 1/4, 1/4, Rock, Recover & Rock, Recover, 1/2 Turn, 1/4 Turn.

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2&3	Step Right behind Left,	sied Leii io Leii side	. Cross Riani over Leii.

Step Left back making a 1/4 turn Right, step Right to side making a 1/4 turn Right, cross rock

Left over Right.

6&7 Recover on Right, step Left to Left side, cross rock Right over Left.

8&1 Recover on Left, Make a 1/2 turn Right stepping forward on Right, make a 1/4 turn Right

stepping Left to side.

Behind, Turn, Step, Mambo 1/4 Turn, Cross Rock, Side Rock, Back Rock.

Step Right behind Left, step Left forward making a 1/4 turn Left, step Right forward.

Rock Left forward, Recover on Right, step Left to Left side making a 1/4 turn Left.

6& Cross rock Right over Left, Recover on Left.
7& Rock Right to Right side, Recover on Left.
8& Rock Right behind Left, Recover on Left.

Ready to start dance stepping to Right side on count 1.