La Linda

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Dynamite Dot (UK) - May 2010
Music: La Linda - Major Dundee

32 count intro starting just after vocals – 120 b.p.m.

(1 - 8) - R side shuffle/L fwd rock & L back rock/step ½ pivot R
1 & 2 3 4 Side shuffle to the right. Rock fwd on left, recover on right
5 6 7 8 Rock back on left, recover on right. Step left fwd, ½ pivot right

(9 - 16) - L fwd shuffle/shuffle ½ turn L/L coaster & walk R L
1 & 2 3 & 4 Left shuffle fwd. ½ turning shuffle left & fwd on R L R
5 & 6 7 8 Left coaster step. Walk fwd right and left

(17 - 24) - R rock recover back ½ turn L/ ½ pivot L/R shuffle fwd
1 2 3 4 Rock fwd right, recover on left. Step back right. ½ turn left stepping fwd on left
5 6 7 & 8 Right fwd, ½ pivot left. Right shuffle fwd

(25 - 32) - Side rock ¼ turn R/L shuffle fwd/heel & heel & touch clap
1 2 3 & 4 Rock left to side. Recover on right making ¼ turn right. Left shuffle fwd
5 & 6 & 7 8 R heel tap fwd. Left heel tap fwd. Right touch next to left. CLAP/ or just HOLD

Begin Again

And whatsoever you do - do it heartily. X

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