

# Vhong's Cha Cha

**COPPER KNOB**  
CHOREOGRAPHIC

Count: 0

Wall: 1

Level: Phrased Beginner / Intermediate  
Cha Cha



Choreographer: Roly Ansano (USA) - July 2010

Music: Cha-Cha-Cha - Vhong Navarro : (Album: Don Romantiko)

Sequence: AABCCD-AABCCD-AABCCD

Intro: From first heavy drumbeat, on word 'nasubukan', start dance after the syllables 'na-su-'

## A. SIXTEEN COUNTS

### FORWARD SHUFFLE, FORWARD ROCK, BACK SHUFFLE, BACK ROCK

8&1 Shuffle forward right,left,right  
2-3 Rock left forward, recover  
4&5 Shuffle back left,right,left  
6-7 Rock right back, recover

### FORWARD SHUFFLE, STEP-TURN, HALF-TURN SHUFFLE, BACK ROCK

8&1 Shuffle forward right, left, right  
2-3 Step left forward, turn 1/2 right onto right  
4&5 Shuffle left, right, left turning 1/2 right  
6-7 Rock right back, recover

## B. THIRTY-SIX COUNTS

### LINDY BASIC (HELLO)

8&1 Chasse to side right,left,right  
2-3 Rock left back, recover  
4&5 Chasse to side left,right,left  
6-7 Rock right back, recover

Styling: At 8&1, wave right hand (palm out) in half-circle moving left-up-right. Drop hand on count 2. At 4&5, use left hand moving right-up-left. Drop hand on count 6.

### LINDY BASIC (WELCOME)

8-7 same as above

Styling: At 8&1, draw out right hand (palm up) in half-circle moving left-front-right across chest. Drop hand on count 2. At 4&5, use left hand moving right-front-left. Drop hand on count 6.

### LINDY BASIC(BE HAPPY)

8-7 same as above

Styling: At 8&1 and 4&5, draw out hands (palms facing in with fingers spread out) across mouth to sides. Drop hands on counts 2 and 6.

### FORWARD SHUFFLE, STEP-TURN, HALF-TURN SHUFFLE, BACK ROCK

8&1 Shuffle forward right, left, right  
2-3 Step left forward, turn 1/2 right onto right  
4&5 Shuffle left, right, left turning 1/2 right  
6-7 Rock right back, recover

### FORWARD SHUFFLE, STEP, STEP

1&2 Shuffle forward right,left,right  
3-4 Step left in place, step right in place

## C. THIRTY-TWO COUNTS

### SKATE-SKATE-STEP-HOLD, SCUFF-CROSS-BACK-TOUCH

1-4 Skate left, skate right, step left forward, hold

5-8 Scuff right, cross right over left, step left back, touch right to side.

### HIP ROLLS

1-3 Step on right rolling hips right-left-right anticlockwise

4 Touch left to side twisting left knee out

5-7 Step on left rolling hips left-right-left clockwise

8 Touch right to side twisting right knee out

9-16 Repeat 1-8 above

### SIDE-CLOSE-SIDE-TOUCH, SIDE-CLOSE-SIDE-STEP

1-2 Step right to side, step left together

3-4 Step right to side, touch left together

5-6 Step left to side, step right together

7-8 Step left to side, step right together

#### Styling:

1-3 Arms forward and hands across face(palms out), trace a clockwise circle-and half ending with hands up.

4 Hold arm position

5-7 Do as in 1-3 in reverse direction

8 Continue motion down and drop arms

### D. FOUR COUNTS

#### HIP SWAYS

1-4 Sway hips left-right-left, hold

#### ENDING: Music ends with 4 beats after count 32, Part C.

32 Touch right together (instead of step)

1-2 Step right forward, step left forward

3-4 Hold and open arms to sides

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