# Y.M.C.A.

**Count:** 64 **Wall:** 1 **Level:** Phrased Beginner / Improver
**Choreographer:** Mike Del-Boyer (UK) - July 2010
**Music:** Y.M.C.A. - Village People

**Sequence: A, A, TAG, B, B, A, A, TAG, B, B, A, A TAG, B, B , B.**

**(A)**
**Step right, 3 heel bounces. Step left, 3 heel bounces,**

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|---|---|
| 1-4 | Step right to right diagonal and bounce right heel 3 times |
| 5-8 | step left to left diagonal and bounce left heel 3 times |

**Walk forwards right left right kick, Back left right left touch**

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|---|---|
| 9-12 | walk forwards right left right kick the left |
| 13-16 | Walk back left right left touch the right |

**Grapevine right scuff, Grapevine left scuff**

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|---|---|
| 17-20 | step right to right side, left behind right, right to the side and scuff the left, |
| 21-24 | step left to left side, right behind left and left to side and scuff the right, |

**Step right half turn x 2, out out, in in**

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| 25-28 | step forwards on right, half turn left stepping onto left x 2 |
| 29-32 | step right foot out, step left out, step right back in place, step left in place |

**TAG jazz box x2**

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|---|---|
| 1-8 | cross right over left, back on left, right to right side, left next to right x2 |

**(B)**
**We Know this bit!!!! Basic Y.M.C.A x 2 with shimmy**

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|---|---|
| 1-16 | Y.M.C.A with shimmy at the end x2 |

**Rolling vine right and then left. Grapevine right then left with kick & clap**

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|---|---|
| 17-20 | Quarter turn right stepping onto right, half turn right step back on left, quarter turn right stepping onto right, touch left next to right with clap. |
| 21-24 | Quarter turn left stepping onto left, half turn left step back on right, quarter turn left stepping onto left, touch right next to left with clap. |
| 25-28 | Step right to right side, left behind right, right to right side, (lean back kicking left foot and woooo) |
| 29-32 | Step left to left side, right behind left, left to left side, (lean back, kick the right and woooo) |