

# Flip Flops

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Darren Mitchell (AUS) - August 2010

**Music:** Let's Take It Outside - Johnny Reid : (CD: Dance With Me)



**Intro: 32 counts.**

## **SIDE SHUFFLE, BACK, FORWARD, SIDE SHUFFLE, BACK, FORWARD**

1&2 Side shuffle to the right: R-L-R,  
3,4 Step L back, rock forward onto right,  
5&6 Side shuffle to the left: L-R-L,  
7,8 Step R back, rock forward onto left.

## **DOROTHY STEP, DOROTHY STEP, FORWARD, BACK, COASTER STEP**

1,2& Dorothy: Step R forward, lock L behind right, step R together,  
3,4& Dorothy: step L forward, lock R behind left, step L together,  
5,6 Step R forward, rock back onto left,  
7&8 Coaster: step R back, step L together, step R forward.

## **PADDLE TURN, SHUFFLE ACROSS, ¼ TURN, ¼ TURN, ACROSS, SIDE**

1,2 Paddle: step L forward, turn 90 degrees right take weight onto right,  
3&4 Shuffle L across in front of right: L-R-L,  
5 Turn 90 degrees left step R back,  
6 Turn 90 degrees left step L to the side,  
7,8 Step R across in front of left, step L to the side. \*\*restart on wall 4\*\*

## **KICK BALL-ACROSS, KICK BALL-ACROSS, SIDE, ROCK, BACK, FORWARD**

1&2 Kick R forward, step R together, step L across in front of right,  
3&4 Kick R forward, step R together, step L across in front of right,  
5,6 Step R to the side, side rock onto left,  
7,8 Step R back, rock forward onto left.

32 REPEAT

**Restart: on wall 4, dance to count 24 (\*\*), then restart dance facing the front.**

**Tag: at the end of wall 9 (9' o clock), add the following 4 counts.**

1,2 Step R to the side pushing hips right, push hips left,  
3,4 Push hips right, push hips left.