# Mayhem

**Count:** 48 **Wall:** 4 **Level:** Intermediate
**Choreographer:** Alan Haywood (UK) - September 2010
**Music:** Mayhem - Imelda May : (Album: Wild Target)

**Please note: The whole dance is danced as single counts with the exception of '&7' in Section 5.**
**48 count intro – start on vocals**

**Section 1**
**R forward rocking chair, vine ¼ R, hold**
1-2 Rock forward onto right, recover weight back onto left,
3-4 Rock back onto right, recover weight forward onto left
5-6 Step right to right side, cross step left behind right
7-8 Step right ¼ right, hold for one count (3 o'clock)

**Section 2**
**L forward mambo, ½ L, hold, ½ L, hold, ½ L, hold**
1-2 Rock forward onto left, recover weight back onto right
3-4 Make a ½ turn left stepping left forward, hold for one count (9 o'clock)
5-6 Make ½ turn left stepping right back, hold for one count (3 o'clock)
7-8 Make a ½ turn left stepping left forward, hold for one count (9 o'clock)
**Alternative for 5-6 and 7-8: Step forward right, hold, step forward left, hold**

**Section 3**
**R forward mambo, hitch L, L slow coaster, hold**
1-2 Rock forward onto right, recover weight back onto left
3-4 Step right slightly back, hitch left knee
5-6 Step back onto left, step back onto right
7-8 Step left forward, hold for one count

**Section 4**
**Prissy walk R, hold, L, hold, R forward, ¼ L, R over, ¼ R**
1-2 Step right in front of left, hold for one count
3-4 Step left in front of right, hold for one count
5-6 Step forward onto right, pivot ¼ turn left (6 o'clock)
7-8 Cross step right over left, make a ¼ turn right stepping back onto left (9 o'clock)

**Section 5**
**R sailor ¼ R, hold, point L to L side, hold, & and point R to R side, hold**
1-2 Making a ¼ turn right stepping right behind left, step left to left side (12 o'clock)
3-4 Step right forward, hold for one count
5-6 Point left to left side, hold for one count
&7-8 Step left next to right, point right to right side, hold for one count
**XXXX RESTART HERE DURING WALL 5 XXXX**

**Section 6**
**R sailor ¼ R, hold, L forward mambo ½ L, hold**
1-2 Making a ¼ turn right stepping right behind left, step left to left side (3 o'clock)
3-4 Step right forward, hold for one count
5-6 Rock forward onto left, recover weight back onto right
7-8 Make a ½ turn left stepping left forward, hold for one count

**Restart – During wall 5, (she starts singing slowly), you will facing 12 o'clock – dance up to the end of section**

5, then
restart the dance – you will be facing 12 o'clock.

Tag – At the end of wall 6 – facing 9 o'clock – add 16 counts as follows:

R forward mambo, hold, L back mambo, hold, R side mambo, hold, L side mambo, hold

Wall 6 starts as the instrumental section – do the whole dance, then add the tag – still instrumental section – dance will restart with vocals.

TAG AND RESTART ARE OBVIOUS AND EASY – I PROMISE!

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