

# I'm a Man Not a Woman

Count: 32

Wall: 2

Level: Improver

Choreographer: Edward Tam (MY) - January 2011

Music: A Man Is Not a Woman - Lou Bega : (CD: Free Again)



**Intro: Start after 32 Counts or start on vocals**

## **[1-8] Front Samba X2, ½ Turn X2**

- 1 Step right leg forward
- &2 Rock left leg back and recover onto right
- 3 Step left leg forward
- &4 Rock right leg back and recover onto left
- 5-6 Step right leg forward and ½ left turn (Turn Anti Clockwise facing 6.00)
- 7-8 Step right leg forward and ½ left turn (Turn Anti Clockwise facing 12.00)

## **[9-16] Side Samba X2, Paddle X2**

- 1 Step right leg in front of left leg
- &2 Rock left leg to the left side and recover on the right
- 3 Step left leg in front of right leg
- &4 Rock right leg to the right side and recover on the left
- 5-6 Step right leg in front left leg then paddle ¼ to left (facing 9.00)
- 7-8 Step right leg in front left leg then paddle ¼ to left (facing 6.00)

## **[17-24] Samba Front, Samba Back**

- 1 Step right leg in front on left
- &2 Move left behind right and recover onto right
- 3 ½ turn left leg to the left (facing 12.00)
- &4 Move right leg behind left and recover onto left
- 5 ½ turn right leg to the right (facing 6.00)
- &6 Move left behind right and recover onto right
- 7 ½ turn left leg to the left (facing 12.00)
- &8 Move right leg behind left and recover onto left

## **[25-32] Sway Hips X2, Coaster Step, ½ Turn and Kick Ball Change**

- 1-2 Sway hips over to the right, sway hips over to the left
- 3&4 Step right leg back, move right leg next to left, step right leg forward
- 5 ½ left right turn both leg (Turn Anti Clockwise facing 6.00)
- 6 Step left Leg forward
- 7&8 Kick right leg forward, step right leg back, recover on left.

**Repeat until the end of dance with no tag.**

**Have Fun & Enjoy the Dance!**

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