

# Too Hurt To Dance

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Roy Verdonk (NL) & Wil Bos (NL) - March 2011

Music: Too Hurt To Dance - Duffy



**Intro:48 counts (Start on Main vocals)**

**STEP FORWARD, TOUCH LEFT SIDE, HOLD STEP BACK, TOUCH R SIDE, HOLD**

- 1 RF Step Forward
- 2 LF Touch Left
- 3 Hold
- 4 LF Step Back
- 5 RF Touch Right
- 6 Hold

**BASIC FORWARD WITH ½ TURN R, STEP BACK, TOUCH R SIDE, HOLD**

- 7 RF Step forward
- 8 Make ½ Turn R, Step LF Back
- 9 RF Step Back
- 10 LF Step Back
- 11 RF Touch To Right Side
- 12 Hold

**STEP FORWARD, TOUCH LEFT SIDE, HOLD, STEP BACK, TOUCH R SIDE, HOLD**

- 13 RF Step Forward
- 14 LF Touch Left
- 15 Hold
- 16 LF Step Back
- 17 RF Touch Right
- 18 Hold

**BASIC FORWARD WITH ½ TURN R STEP BACK, TOUCH R SIDE, HOLD**

- 19 RF Step Forward
- 20 Make ½ Turn R, Step LF Back
- 21 RF Step Back
- 22 LF Step Back
- 23 RF Touch To Right Side
- 24 Hold

**WEAVE, SLIDE LEFT**

- 25 RF Cross In Front Of LF
- 26 LF Step To Left Side
- 27 RF Cross Behind LF
- 28 LF Make A Big Step To Left Side
- 29 RF Drag Next To Left Foot
- 30 RF Touch Next To LF

**1¼ TURNS RIGHT, STEP FORWARD, DRAG TOGETHER**

- 31 Make ¼ turn R, RF Step Forward
- 32 Make ½ Turn R, LF Step Back
- 33 Make ½ Turn R, RF Step Forward
- 34 LF Make A Big Step Forward

- 35 RF Drag Next To LF  
36 RF Touch Next To LF

**STEP BACK, DRAG TOGETHER, STEP FORWARD WITH SWEEP WITH ¼ TURN L**

- 37 RF Step Back  
38 LF Drag Next To RF  
39 LF Touch Next To RF  
40 LF Step Forward  
41 Make ¼ Turn Left  
42 Sweep RF From Back To Front

**TWINKLE WITH ½ TURN R, TWINKLE WITH ¼ TURN L**

- 43 RF Cross In Front Of LF  
44 Make ¼ Turn R, Step LF Back  
45 Make ¼ Turn R, Step RF To Right Side  
46 LF Cross In Front Of RF  
47 Make ¼ Turn L, RF Step Back  
48 LF Step To The Left Side

**Note:**

There are two tags, after walls 2 and 6. Do the first 6 counts of the dance  
There is a tag after wall 4. Do the first 6 counts of the dance twice.

Look for more information on [www.wbos.nl](http://www.wbos.nl) or [royverdonkdancers.com](http://royverdonkdancers.com)

---