# Olivia's Physical

**Count:** 64 **Wall:** 2 **Level:** Improver
**Choreographer:** Joyce Nicholas (MY) - May 2011
**Music:** Physical - Olivia Newton-John

**STOMP FORWARD, STEP BACK, PIVOT ½**

| | |
|---|---|
| 1-2 | Stomp R fwd (push R hand out), Stomp L fwd (push L hand out) |
| 3-4 | Step R back (R hand slap R thigh), Step L back (L hand slap L thigh) |
| 5-8 | Step R fwd, Pivot ½ left, Step R and L in place [6.00] |

**REPEAT 1-8 [12.00]**

**MONTEREY ½ TURN , MONTEREY ¼ TURN**

| | |
|---|---|
| 1-2 | Touch R to right (R hand outstretch to side), on ball of left make ½ turn right, Stepping R beside left |
| 3-4 | Touch L to left (L hand outstretch to side), Step L beside right |
| 5-6 | Touch R to right (R hand outstretch to side), on ball of left make ¼ turn right, Stepping R beside left |
| 7-8 | Touch L to left (L hand outstretch to side), Step L beside right [9.00] |

**STEP SWEEP X 2, CROSS SIDE, BEHIND, TOUCH**

| | |
|---|---|
| 1-2 | Step fwd on R, Sweep L around from back to front |
| 3-4 | Step fwd on L, Sweep R around from back to front |
| 5-6 | Cross R over left, Step to left |
| 7-8 | Cross R behind left, Touch L to left [9.00] |

**STEP ¼ TURN, ¼ TURN KICK, SIDE TOUCHES X 2**

| | |
|---|---|
| 1-2 | Step L fwd, making ¼ turn L, Step back on R |
| 3-4 | Making ¼ turn L, Step L fwd, Kick R fwd |
| &5-6 | Step R next to left, Touch L to left. Hold |
| &7-8 | Step L next to right, Touch R to right. Hold [3.00] |

**RIGHT SAILOR, STEP ¼ TURN TOUCH, BUMPS X 4**

| | |
|---|---|
| 1&2 | Cross R behind left, Step L to left, Step R to right |
| 3-4 | Turning ¼ left, Step L to left, Touch R beside left |
| 5-8 | Bump hips, RLRL [12.00] |

**WALK FWD X 3, KICK, WALK BACK X 3, HITCH**

| | |
|---|---|
| 1-2 | Walk R fwd, Walk L fwd |
| 3-4 | Walk R fwd, Kick L fwd ( raise both arm in the air) |
| 5-6 | Walk back on L, Walk back on R |
| 7-8 | Walk back on L, Hitch R knee up [12.00] |

**¼ TURN JAZZ BOX X 2**

| | |
|---|---|
| 1-4 | Cross R over left, Step L back, Turning ¼ right, Step R to right, Step L beside right |
| 5-8 | Cross R over left, Step L back, Turning ¼ right, Step R to right, Step L beside right [6.00] |

**START AGAIN**