Rolling In The Deep



Count: 32 Wall: 2 Level: Improver WCS

Choreographer: Marie-Aimé Le Barillec (FR) - May 2011

Music: Rolling in the Deep - Adele



Intro: 8 counts or start dancing on lyrics

FORWARD SHUFFLE, FORWARD SHUFFLE, OUT, OUT, IN, IN

1&2	Chassé forward right, left, right in diagonal right
3&4	Chassé forward left, right, left in diagonal left

5-6 Step right diagonal forward right, step left diagonal forward left

7-8 Step right back, step left together

RIGHT ROCKING CHAIR FORWARD AND BACK, STEP 1/4 TURN, STEP 1/4 TURN

1-2	Nock right forward, recover to left
3-4	Rock right back, recover to left
5-6	Step right forward, turn ¼ left (weight to left) (9:00)
7-8	Step right forward, turn ¼ left (weight to left, 6:00)

Dook right forward recover to left

TOE STRUT & BUMP FORWARD, TOE STRUT & BUMP FORWARD, SAILOR STEP, BEHIND SIDE CROSS

1-2	Touch right toe forward bumping hip forward, put right heel (weight to right)
3-4	Touch left toe forward bumping hip forward, put left heel (weight to left)
5&6	Cross right behind left, step left together, step right to side
7-8	Cross left behind right, step right to side, cross left over right

SIDE ROCK STEP, BEHIND SIDE CROSS, ROCK STEP FORWARD, COASTER STEP BACK

1-2	Rock right to side.	recover to left
1-2	TAUGK HUHL LU SIUG.	

3&4 Cross right behind left, step left to side, cross right over left (weight to right)

5-6 Rock left forward, recover to right

7&8 Step left back, step right together, step left forward (weight to left)

Option for counts 7&8 above: make triple full turn left stepping left, right, left (weight to left, 6:00)

REPEAT

ENDING: After the 12th wall, facing 12:00: touch right toe forward, bumping hip forward, (weight to left)