

# Under My Skin

**COPPER** **KNOB**  
BY THE POST

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Craig Bennett (UK) - June 2011

Music: Under My Skin (Club Remix) - Sarah Connor : (3:07)



## [1-8] Kick out, out, Cross side, Sailor 1/4, Rock 1/2 turn

- 1&2 Kick right forward, Step right to right side, Step left to left side  
&3-4 Step right next to left, Cross left over right, Step right to right side  
5&6 Step left behind right, Make 1/4 turn left stepping right to side, step left to left side  
7&8 Rock forward onto right, Recover onto left, Make 1/2 turn stepping forward onto right

## [9-16] Step lock, and Step lock, Walk around 1/2 turn left

- 1-2 & Step left to left diagonal, lock right behind, Step left to left diagonal  
3-4& Step right to right diagonal, Lock left behind, Step right to right diagonal  
5-6 1/4 turn left stepping forward left, Step forward onto right  
7-8 1/4 turn left stepping forward left, Step forward onto right

## [17-24] Rock recover, Behind 1/4 step, Step 1/2 step, Rock and back

- 1-2 Rock left to left side, Recover onto right  
3&4 Step left behind right, Make 1/4 turn right stepping forward onto right, Step forward left  
5&6 Step forward onto right, Make 1/2 turn left, Step forward onto right  
7-8 Rock forward onto left, Recover back onto right

## [25- 32] Back point, Change point, 1/2 turn, Right side shuffle

- 1-2 Step back left, Point right to right side  
&3&4 Step right next to left, Point left to left side, Step left next to right, Point right to right side  
5-6 Make 1/2 turn right stepping forward onto right, Step left to left side  
7&8 Step right to right, Step left next to right, step right to right side

## [33-40] Left cross back, Right cross back, Step 1/2 turn, 1/2 1/4 side

- 1-2& Cross left over right, Step back onto right, Step left to left side  
3-4& Cross right over left, Step back onto left, Step right to right side  
5-6 Step forward left, Make 1/2 turn right  
7&8 Step forward onto left, Make 1/2 turn left stepping back onto right, 1/4 turn left stepping left to left side

## [41-48] Rock back side, Rock back side, Coaster step, Step

- &1-2& Step right next to left, Step left to left side, Rock back onto right, Recover onto left  
3 Step right to right side  
4&5 Rock back onto left, Recover onto right, Step left to left side  
6&7 Step back right, Step left next to right, Step right forward  
8 Step forward left (taking weight)

Start again

Contact: Website [www.craigbennett.co.uk](http://www.craigbennett.co.uk) - email to: [Craig.b69@msn.com](mailto:Craig.b69@msn.com)