

# Hey Ladies

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Jennifer Choo Sue Chin (MY) - August 2011

**Music:** Hit 'Em up Style (Oops!) - Blu Cantrell



**Start dance after 2x8's.**

## **SET 1: FORWARD STEP, KICK BALL POINT HITCH CROSS, UNWIND, SAILOR TURN**

- 1-2 Take a big step LF fwd and bend body back, Step RF next to LF  
3&4& Kick LF fwd, Step LF next to RF, Point RF to R, Hitch RF  
5-6 Cross RF over LF, Unwind ½ turn L (sharp) and sweep LF from front to back (6:00)  
7&8 ¼ turn L stepping LF behind RF, Step RF to R, Step LF diagonally fwd L (3:00)

## **SET 2: CLOSE FLICK, CROSS, BACK, BACK, ROCKING CHAIR, CROSS ROCK RECOVER, CLOSE, FORWARD**

- &1-2 Step RF next to LF, Step LF fwd and flick RF back with a ¼ turn L (Hit the word STYLE in chorus), Cross RF over LF (12:00)  
3-4 Step LF diagonally back L, Step RF diagonally back R (push hips back) (Lyrics: put your hands on his cash)  
5&6& Rock LF across RF, Recover on RF, Rock LF back to diagonal L, Recover on RF  
7&8& Rock LF across RF, Recover on RF, Step LF next to RF, Step RF fwd

## **SET 3: ¼L BIG STEP LEFT, TOUCH, KICK BALL CROSS AND CROSS DIP, HITCH, BACK, BACK, ¼ SIDE ROCK**

- 1-2 Execute a ¼ turn L with a big step to L pushing off RF, touch RF behind LF (9:00)  
3&4 Kick RF diagonally R, Step ball of RF next to LF, Cross LF over RF  
&5 Step ball of RF to R, Cross LF over RF with a dip (bending L Knee)  
6 Straighten L knee and hitch RF to R diagonal (10:30)

**Styling for count 6: Pop both shoulders forward when you hitch or simply punch your fists forward**

- 7& Step back on RF, Step back on LF squaring back to 12:00 (12:00)  
8& ¼R turn rock RF to R, recover on LF (3:00)

## **SET 4: BACK, FUNKY WALKS BACK, BACK ROCK RECOVER, 2 PROGRESSIVE TURNING JAZZ BOXES**

- 1 Step RF back  
2 Step LF behind RF pushing L shoulder back and down  
3 Step RF behind LF pushing R shoulder back and down

### **Options for counts 2-3: Mashed Potatoes**

- 4& Rock LF back, Recover on RF  
5& Do a 1/8R turn by step LF to R diagonal (face 4:30), Do a 1/8R turn by cross RF in front of LF (face 6:00)  
6& 1/8R turn stepping LF to L back diagonal (face 7:30), Do a 1/8R turn by stepping RF to R side (face 9:00)  
7& Do a 1/8R turn by step LF to R diagonal (face 10:30), Do a 1/8R turn by cross RF in front of LF (face 12:00)  
8& 1/8R turn stepping LF to L back diagonal (face 1:30), Do a 1/8R turn by stepping RF to R side (face 3:00)

**Styling: Push hips forward on count 5, Push hip to left on count &, Push hips back on count 6, Push hip to left on count &, Repeat the hip rolling motion for 7&8&. Think this as a "drunken jazz box"?**

**Repeat Again and Enjoy the Beats!**

## **TAG (To be danced after 3rd wall facing (9:00))**

- 1-4 Walk ¾L to face the front wall again, LF, RF, LF, RF

