

# Good Day To Run

**Count:** 32    **Wall:** 2    **Level:** Beginner

**Choreographer:** Benny Ray (Denmark) July 2011

**Music:** A Good Day To Run by Darryl by Worley. CD: Have You Forgotten



## **4 X DIAGONAL STEP TOUCH**

- 1-2                    Step forward to right diagonal, touch left next to right
- 3-4                    Step back to left diagonal, touch right next to left
- 5-6                    Step back to right diagonal, touch left next to right
- 7-8                    Step forward to left diagonal, touch right next to left

## **R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF**

- 9-10                    Step forward on right, lock left behind right
- 11-12                    Step forward on right, scuff left forward
- 13-14                    Step forward on left, lock right behind left
- 15-16                    Step forward on left, scuff right forward

## **STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R**

- 17-18                    Step forward on right, make ½ turn left
- 19-20                    Step forward on right, hold
- 21-22                    Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
- 23-24                    Step forward on left, hold

## **RUN FORWARD, TOUCH, RUN BACK, TOUCH**

- 25-26                    Step forward right, step forward left
- 27-28                    Step forward right, touch left next to right
- 29-30                    Step back left, step back right
- 31-32                    Step back left, touch right next to left