The Heart That You Own

Count: 32	**Wall:** 4	**Level:** Beginner / Improver

Choreographer: Derek Robinson (UK) - October 2011

Music: The Heart That You Own - Danny Estocado : (CD: My 9th Island Paniolo Ranch)

16 Counts intro.

Sec 1: CROSS ROCK FORWARD, RECOVER, FORWARD, SWEEP x 2
1-2	Cross rock right over left, recover onto left
3-4	Cross rock right over left, sweep left forward
5-6	Cross rock left over right, recover onto right
3-4	Cross rock left over right, sweep right forward

Sec 2: RIGHT ACROSS, BACK, ¼ TURN, CROSS LEFT, ¼ TURN, ¼ TURN, RIGHT SHUFFLE
1-2	Cross right over left, step back left
3-4	Step right ¼ turn right, cross left over right (3.00)
5-6	Turn ¼ left stepping back right, turn ¼ left stepping forward left (9.00)
7&8	Step forward right, step left beside right, step forward right

Sec 3: FORWARD ROCK, COASTER ¼ TURN, FORWARD RIGHT, POINT, FORWARD LEFT, POINT
1-2	Rock forward on left, recover onto right
3&4	Turn ¼ left stepping back left, step right beside left, step forward left (6.00)
5-6	Step forward right, point left toe to left side
7-8	Step forward left, point right toe to right side

Sec 4: FORWARD ROCK, TRIPLE ¾ TURN, FORWARD ROCK, COASTER STEP
1-2	Rock forward on right, recover onto left
3&4	Triple turn ¾ right, stepping right, left, right (3.00)
5-6	Rock forward on left, recover onto right
7&8	Step back left, step right beside left, step forward left

Repeat

Tag: Easy 4 count tag at the end of walls 3 & 7 (each time facing 9.00)
1-2	Step forward right, pivot ½ turn left
3-4	Step forward right, pivot ½ turn left

(Easier option) - Right rocking chair

The dance ends after 16 counts on wall 9 (Sec 2). For a nice ending you can replace the last 3 counts with:
6	Rock back on left
7-8	Recover onto right, step forward left placing right hand over heart to finish facing the front.

Enjoy the dance

Last Revision - 24th October 2011