

# Proceed to Party (Red solo cup Dance)

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Duke Alexander (USA) - December 2011

**Music:** Red Solo Cup - Toby Keith



**Note:** - Speed up 8% if you have the capability

## **CHARLESTON STEP, SHUFFLE STEP, PIVOT 1/2**

- 1-4 Step forward on right, kick left, Step back on left, touch right toe back and clap
- 5&6 Triple or shuffle forward right, left, right
- 7-8 Pivot ½ Right step left, step right Facing 6 o'clock

## **FRONT, SIDE TOUCH, LEFT SAILOR FRONT SIDE TOUCH ,1/4 SAILOR RIGHT**

- 1-2 Touch Left foot forward, touch left Foot Side
- 3&4 Left Sailor Shuffle (Left, Right, Left)
- 5-6 Touch Right Foot Forward, Touch Right Foot Side
- 7&8 Turn Right ¼ Sailor Shuffle (Right, Left , Right) Facing 9 o'clock

## **LEFT MAMBO FORWARD , LEFT MAMBO BACK , ROCK RECOVER , BACK TOUCH, TURN ½ LEFT**

- 1&2 Step Forward left, Step forward right, small step back left
- 3&4 Step Back right, Step Back Left, small step Forward right
- 5-6 Rock forward Left , Recover back to the Right
- 7-8 Touch Left Toe Back , Turn ½ left placing weight on the Left Foot Facing 3 o'clock

## **ROCK SIDE RECOVER BEHIND SIDE CROSS, ROCK SIDE RECOVER BEHIND SIDE CROSS**

- 1-2 Rock Side right , Recover on left
- 3&4 Step Right Behind left, Step left to side , Cross Right in Front
- 5-6 Rock Side Left , Recover on Right
- 7&8 Step Left Behind left, Step Right to side , Cross Left in Front

**At the end of the 5th wall the song has a spoken pause about friends, all the dancers should Go around and greet each others as friends and...**

**Then restart the dance facing 3 o'clock.**

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