

This Ole Boy

Count: 32

Wall: 4

Level: Beginner

Choreographer: Kathy Heller (USA) - January 2012

Music: This Ole Boy - Joe Nichols : (CD: It's All Good)



Start: 16 count intro – start on lyrics

Alternate music:

It's All Good by Joe Nichols, CD: It's All Good; bpm - 119

Hey-O by Johnny Reid, CD: Dance With Me; bpm - 151

[1-8] VINE RIGHT, VINE LEFT, ½ TURN SCUFF

1-4 Step right to side right, left behind right, right to side right, scuff left

5-8 Step left to side left, right behind left, step left into ¼ left, scuff right into ¼ turn left (6:00)

[9-16] VINE RIGHT, VINE LEFT, ¼ TURN SCUFF

1-4 Step right to side right, left behind right, right to side right, scuff left

5-8 Step left to side left, right behind left, step left into ¼ left, scuff right (3:00)

[17-24] TOE, HEEL STRUTS, ROCKING CHAIR

1-4 Step right toe forward, place weight on heel, step left toe forward, place weight on heel

5-8 Rock forward on right, return weight onto left, rock back on right, return weight onto left (3:00)

[25-32] TOE, HEEL STRUTS, WALK, WALK, ½ PIVOT, STEP

1-4 Step right toe forward, place weight on heel, step left toe forward, place weight on heel

5-8 Walk forward right, left, pivot ½ turn right, step forward on left (9:00)

REPEAT
