

# Take It Off

**Count:** 64      **Wall:** 4      **Level:** Improver / Easy Intermediate

**Choreographer:** Karen Kennedy (May 2012)

**Music:** Take It Off by Joe Nichols. Cd: It's All Good



## Intro 16 counts - start on vocals

### CROSS STEP, SIDE, SAILOR STEP, CROSS STEP, SIDE, 1/4 SAILOR TURN

- 1 -2                      Cross step left over right, step right to side
- 3&4                     Cross left behind right, step right to side, step left to side
- 5 -6                     Cross step right over left, step left to side
- 7&8                     Cross right behind left turning 1/4 right, step right to side, step left to side

### ROCK FORWARD, RECOVER, LEFT LOCK BACK, ROCK BACK, RECOVER, KICK BALL CHANGE

- 1 -2                     Rock forward on left, recover on right
- 3&4                     Step left back, lock right in front of left, step left back
- 5 -6                     Rock back on right, recover on left
- 7&8                     Kick right forward, step on ball of right, step left forward

### ROCK FWD, RECOVER, FULL TRIPLE TURN, ROCK FORWARD, RECOVER, COASTER STEP

- 1 -2                     Rock forward on right, recover on left
- 3&4                     Full triple turn right- right,left,right or right coaster step \* Restart wall 3
- 5 -6                     Rock forward on left, recover on right
- 7&8                     Step back on left, step back in right, step forward on left

### 1/2 PIVOT, SHUFFLE FORWARD, CROSS STEP, SIDE, LEFT SAILOR HEEL, HOLD, STEP BACK

- 1 -2                     Step forward on right, pivot 1/2 turn left
- 3&4                     Step forward on right, step left beside right, step right forward
- 5&                        Cross left over right, step right to side
- 6&7                     Cross left behind right, step right to side, touch left heel to diagonal
- 8&                        Hold, step left back in place

### CROSS STEP, SIDE, RIGHT SAILOR HEEL, HOLD,STEP BACK, ROCK FORWARD, RECOVER

- 1&                        Cross right over left, step left to side,
- 2&3&                    Cross right behind left, step left to side, touch right heel to diagonal
- 4&                        Hold, step right back in place
- 5 -6                     Rock forward on left, recover on right
- 7&8                     Full triple turn left - left, right, left or left coaster step

### ROCK FWD, RECOVER, 3/4 TURN SHUFFLE, ROCK , RECOVER, LEFT LOCK BACK

- 1 -2                     Rock forward on right, recover on left
- 3&4 3                    /4 shuffle turning right - right, left, right
- 5 -6                     Rock forward on left, recover on right
- 7&8                     Step back on left, lock right in front of left, step left back

### RIGHT LOCK BACK, BACK ROCK, RECOVER, LEFT KICK BALL STEP, LEFT SHUFFLE

- 1&2                     Step right back, lock left in front of right, step back on right
- 3 -4                     Rock back on left, recover on right
- 5&6                     Kick kick left forward, step left ball back in place, step right forward

7&8                      Step left forward, step right beside left, step left forward

**1/4 PIVOT LEFT, RIGHT KICK BALL STEP, ROCK FORWARD, RECOVER, FULL TRIPLE**

1 -2                      Step forward on right, pivot 1/4 turn left

3&4                      Kick right forward, step right ball back in place, step left forward

5 -6                      Rock forward on right, recover on left

7&8                      Full triple turn - right, left, right, or right coaster step

**START AGAIN**