Waltz At One

Count: 24 **Wall:** 2 **Level:** Absolute Beginner
Choreographer: Linda Nyholm (CAN) - May 2012
Music: Almost any waltz, best with a 24 count waltz

This is a great intro waltz for beginners—and a long-time fav with my class

[1-6] Twinkle left and right

1-2-3	Step left across right, right next to left, left next to right
4-5-6	Step right across left, left next to right, right next to left

[7-12] Forward and back basic waltz

7-8-9	Step fwd on left, right next to left, left next to right
10-11-12	Step back on right, left next to right, right next to left

[13-18] Forward ¼ basic, back basic

13-14-15	Step left fwd, turning ¼ to left, right next to left, left next to right
16-17-18	Step back on right, left next to right, right next to left

[19-24] Forward ¼ basic, back basic

19-20-21	Step left fwd, turning ¼ to left, right next to left, left next to right
22-23-24	Step back on right, left next to right, right next to left

Repeat

Contact: ladylinedancer@gmail.com