Painted Heart

Count: 64

Level: Phrased Improver

Choreographer: Danping Chen (CN) - July 2012

Music: Hua Xin (畫心) - Jane Zhang (張靚穎)

Dance Sequence: AAA ,Tag1(16),AAABB,Tag2(6),AAA,End(8) The music is the theme song of the Chinese film, Painted Skin.

Intro: start the dance at the vocals after 31 counts(26sec).

A: PATTERN - 32 counts

WALK, WALK , ROKING CHAIR STEP, BACK, SWEEP, SWEEP, BACK, SIDE, CROSS

- 1-2 Walk forward on left, Walk forward on right
- 3&4 Rock forward on left, Recover onto right, Rock back on left
- &5-6 Step back on right. Sweep left from front to back and step back left. Sweep right from front to back (to make a figure of the lover's heart)
- 7&8 Step back on right, step left to side, Cross right over left (face 11:00)

SIDE.BEHIND.RECOVER. 1/4 TURN AND SIDE.BEHIND.RECOVER.SIDE .SWAY.PIVOT 5/4 TURN

- Step left to left side, cross right behind left, Recover onto left 9-10&
- 11-12& Turn 1/4 left and step right to side, cross left behind right, Recover onto right(9:00)
- 13-14 Step left to side(sway left), step right to side(sway right)
- Pivot 1/4 turn left and step left forward, Pivot 1/4 turn left and step right forward, Pivot 3/4 turn 15&16& left and sweep left next to right, step right together. (facing 6:00)

(Option:15&16& Pivot 1/4 turn left stepping forward on left, step forward right, step forward left, step right together)

FORWARD MAMBO, BACK, RECOVER., STEP, SWEEP TURN 3/4 RIGHT, TOGETHER, SIDE MAMBO

- 17-18& Step forward left, Recover onto right, step left together
- 19-20 Step back on right, Recover onto left
- Step forward on right, pivot 3/4 turn right sweeping left, step left together. (faceing 3:00) &21-22
- 23&24 Step right to side, Recover onto left, step right together

TURN 1/8 R LOCK SHUFFLE, TURN3/8 L LOCK SHUFFLE, STEP, TURN1/2 R, STEP, STEP

- 25&26 Turn 1/8 right stepping forward on left(4:30),lock right behind left, step forward on left.
- 27&28 Turn 3/8 left stepping forward on right (12:00),lock left behind right, step forward on right.
- 29-30 Step forward on left, turn 1/2 right, Recover weight onto right(6:00)
- 31-32 Walk forward left ,right

B: PATTERN - 32 counts

WALK, WALK, 1/8TURN SLIDE AND BEND KNEE, BACK, POINT BACK, STEP, POINT FORWARD

- 1-2 Walk forward left, right
- 3-4 Turn 1/8 right and bend right knee, (1:30) skating-slide forward with left toe slowly.
- Step back left, point back right 5-6
- Step forward ,point forward left. 7-8

1/8 TURN STEP,1/2TURN FLICK,STEP,STEP,1/2TURN FLICK,WALK,WALK

- 9-10 Turn 1/8 left stepping forward left, (12:00) turn 1/2 left flick right
- 11-12 Step forward right ,left(6:00)
- 13-14 Step forward right, turn 1/2 right flick left
- 15-16 Step forward left, right (12:00)

(Option:10 and 14, 1/2 turn touch one toe next to another foot)





Wall: 2

CROSS ,TOUCH SIDE(4×)

- 17-18 Cross left over right, touch right to side
- 19-20 Cross right over left, touch left to side
- 21-22 Cross left over right, touch right to side
- 23-24 Cross right over left, touch left to side

TOGETHER, HANDS UP, POINT CROSS, 1/2TURN TOGETHER, HANDS DROP.

- 25-28 Step left together, open up both hands
- 29-32 Point right cross left, Turn 1/2 left step left together, Drop both hands slowly. (6:00)

Tag 1:16c tag after A pattern wall3.

CHAIR STEP, SIDE, SWAY(4×)

- 1-2 Rock forward on left, Recover onto right,
- 3-4 Rock back on left, Recover onto right
- 5-6 Step left to left as shoulder width, swaying left, right
- 7-8 Sway left, right
- 9-16 repeat 1- 8

Tag 2:6c tag after B pattern wall2. OPEN UP BOTH HANDS,LOOK UP

END:WALK,WALK, 1/2 TURN,HOLD.

- 1-2 Walk forward left, right
- 3-4 Turn 1/2 right sweep left, close left beside right
- 5-6 Hold

Please refer to the video for details of arms movement.