

Z Dance

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Linda Sansoucy (APDEL – NTA – ACDC) Aug 2012

Music: Z Dance de Collectif Métissé (127 bpm)



Intro : 16 counts

[1-8] Side, Together, Shuffle Forward, Side, Together, Shuffle Back

- 1-2 Step right side, Step left together
- 3&4 Chassé forward right, left, right
- 5-6 Step left side, Step right together
- 7&8 Chassé back left, right, left

[9-16] Back Rock, Shuffle Forward, Military Pivot, Shuffle Forward or Tull Turn

- 1-2 Rock right back, Recover to left
- 3&4 Chassé forward right, left, right
- 5-6 Step left forward, Pivot ½ right 6:00
- 7&8 Chassé forward left, right, left

Option: Chassé Full Turn right

[17-24] Side Mambo, Side Mambo, Side, Together, Shuffle ¼ Turn Right

- 1&2 Step right side, Step left in place, Cross right over left
- 3&4 Step left side, Step right in place, Cross left over right
- 5-6 Step right side, Step left together
- 7&8 Step right side, Step left together, Step right forward ¼ turn right 9 :00

[25-32] Military Pivot, Full Turn, Walk Forward, Walk Forward, Walk Forward, Kick Forward & Clap

- 1-2 Step left forward, Pivot ½ right 3 :00
- 3 Step left back turn ½ right 9 :00
- 4 Step right forward turn ½ right 3 :00
- 5-6-7 Step left forward, Step right forward, Step left forward
- 8 Kick right forward & Clap

Amusez-vous bien!

Linda Sansoucy

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