F



Pride			
Count:	64	Wall: 4	Level: Intermediate
Choreographer:	Pat Stott (UK) - S	September 2012	
Music:	Pride - Amy Mac	donald : (CD: Life	In A Beautiful Light Deluxe Version)
"Dedicated to all	our fantastic athle	etes who took part i	in London 2012"
Commence after	[•] 16 beats on voca	Is	
Section 1: Walk,	Walk, Coaster Ste	əp Fwd, Walk Back	, Walk Back, Coaster Step
1 2 3&4	Walk fwd on right,	walk fwd on left, co	baster step forward,
567&8	walk back walk ba	ck , coaster step	
		-	cover, Chasse Left With 1/4 Turn Left
	•	ft, recover, chase r	-
567&8	cross left over rigr	it, recover, chasse	left with 1/4 turn left
Section 3: Right Shuffle Back	Toe Fwd, Hold, Sv	witch, Left Toe Fwo	d, Switch, Right Toe Fwd, Switch, Ro
1 2&3&4& ı	right toe forward h	old, close, left toe t	forward, close, right toe forward, clos
567&8	rock forward on le	ft, recover, shuffle	back
		Pivot, Cross, Side, V	
	right toe back, rev right	erse 1/2 turn right,	step forward on left, 1/4 pivot right tra
	-		ave behind, side, cross in front
(during wall 5 d	& wall 5 add tag 2	and restart)	
	•		Left To Left, Recover, Rock Left To I
		recover onto left, c	
5678 1	rock left to left, rec	cover, rock left to le	ft, recover
Section 6: Cross	, Side, Heel Jack,	Close, Cross, Side	e, Heel Jack, Close
	cross left over righ diagonally fwd, clo		p back on left, close right to left, exte
	cross right over le close	ft, left to left, step b	back on right, close, extend right heel
Section 7: Cross	, Hold, Ball, Cross	, Side, Cross, Rec	over, 1/4 Turning Chasse Left
1 2&3 4	cross left over righ	nt, hold, small step	to right on ball of foot, cross over left
567&8	cross left over righ	it, recover on right,	chasse with 1/4 turn left
Section 8: Rock Right, Walk Fwd		ck Back Looking B	ack Over Right Shoulder, Recover, F
•		ght, recover on left,	rock back on right turning foot out a

"D

Со

Se

- 12
- 56

Se Left

- 12
- 56

Se Rock Fwd, Recover, Sh

- 12 lose
- 56

Se

- 12 t transferring weight to
- 56

**(

Se Fo Left, Recover

- 12
- 56

Se

- 12 xtend left heel
- 56 eel diagonally fwd,

Se

12 left, step right to right 56

Se er, Rock Fwd, 1/2 Turn Rig

- 12 it and looking back over right shoulder, recover to original position
- rock forward on right, recover on left, turn 1/2 right stepping forward on right, 5678

Walk forward on left

(Option for 7 - 8 : turn 1/2 right stepping forward on right pivoting full turn right on right foot and step forward on left)

Tag 1 : End of wall 2 (facing 6 o'clock) & wall 4 (facing 9 o'clock) Rocking chair :

Rock fwd on right, recover, rock back on right, recover

**Tag 2: During wall 3 & wall 5 Dance 32 counts then add : rock right to right, recover, rock right to right, recover. Restart from the beginning of the dance (you will be facing 12 o'clock during wall 3 and you will be facing 3 o'clock during wall 5)

Ending : dance first 2 steps - walk, walk, large step right to right, hold with arms out to the sides.