

# Catch My Breath

**COPPER** KNOB  
BY STEPHEN B. T. S.

Count: 32

Wall: 2

Level: Lower Intermediate

Choreographer: Mark Furnell (UK) - November 2012

Music: Catch My Breath - Kelly Clarkson



Available on iTunes and Amazon. From the 25th Nov 2012.  
But available to download from American iTunes if you have an account.

## [1-8] Stomp, Hold, Ball Step Touch. Turn, Turn, Coaster Step

1,2 Stomp Rt to Rt. Hold  
&3,4 Step Lt to Rt, step Rt to Rt, Touch Lt to Rt  
5-6 Step Lt to Lt making  $\frac{1}{4}$  turn Lt, Step back Rt making  $\frac{1}{2}$  turn Lt.  
7&8 Step back Lt, Close Rt to Lt, Step fwd Lt

## [9-16] Stomp, Hold, Ball Step Tap, And Touch And Kick And Touch And Kick

1-2 Stomp Fwd Rt, Hold  
&3-4 Step Lt to Rt, Step Rt Fwd, Tap Lt toe behind Rt  
&5-6 Step Down on Lt, Touch Rt toe across Lt bending Lt knee, Kick Rt Fwd,  
&7-8 Step back Rt, touch Lt toe across Rt bending Rt knee, Kick Lt Fwd.

## [17-24] Coaster Step, Shuffle, Rock Step, Shuffle Turn.

1&2 Step back on Lt, Close Rt to Lt, Step fwd on Lt  
3&4 Step Fwd Rt, Close Lt to Rt, Step Fwd Rt  
5, 6 Rock Fwd Lt, Replace Rt,  
7&8 Step Lt to Lt making  $\frac{1}{4}$  turn Lt, Close Rt to Lt, Step Lt to Lt making  $\frac{1}{4}$  turn Lt.

## [25-32] Rock Turn, Behind Side Cross, Rock Step, Triple Whole Turn

1,2 Rock Rt to Rt making  $\frac{1}{4}$  turn Lt, Replace Lt,  
3&4 Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt  
5,6 Rock Lt to Lt, Replace Rt  
7&8 Triple whole turn left, Stepping Lt, Rt Lt.

Happy Dancing....

Ps .....No Tags or Restarts ~~~~~