

M B Angel (Morecambe Bay Angel)



Count: 16 **Wall:** 4 **Level:** High Beginner

Choreographer: Ryan King (Nuline UK) Nov 2012

Music: Better Than I Used To Be - Tim McGraw



8 count intro

Nightclub Basic Forward, Rock Recover Step, Coaster Step, Sweep, Cross Side Behind, Sweep, Behind Side

- 1 2& Step forward on right, Rock Forward Left, Recover onto Right.
- 3 4& Step Back Left, Step Back Right, Step Left next to Right.
- 5 6& Step Forward Right Sweeping Left Infront, Cross Left over Right, Step Right to Right Side.
- 7 8& Step Back Left Sweeping Right Behind, Step Right Behind Left, Step Left to Left Side.

R Cross Rock Recover, L Cross Rock Recover, 1/4 L Walk x 2, Rocking Chair

- 1 2& Cross Rock Right over Left, Recover onto Left, Step Right to Right Side.
- 3 4& Cross Rock Left over Right, Recover onto Right, Step 1/4 Left.
- 5 6 Walk Forward Right, Walk Forward Left.
- 7&8& Rock Forward Right, Recover Left, Rock Back Right, Recover Left.

Written for the Saloon Drifters weekend in Morecambe.

Dance named by the people who attended the event.

Also available as a partner dance.

Contact: Nightsaberx@gmail.com