

Breathless

COPPER **NOB**
BY THE POUND

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Karl-Harry Winson (UK) - November 2012

Music: "Catch My Breath" by Kelly Clarkson. Album: "Greatest Hits – Chapter One"



Intro: 32 Counts (Start on Vocals)

Chasse Right. Back Rock. Full Turn Right.

- 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 3 – 4 Rock back on Left. Recover weight forward on Right.
- 5 – 6 Make 1/4 Right stepping Left back. Make 1/2 Right stepping Right forward.
- 7 – 8 Step forward on Left. Pivot 1/4 turn Right. (12.00)

Cross. Side. Back Rock. 1/2 turn Right. Side Step. Cross. Side.

- 1 – 2 Cross Left over Right. Step Right to Right side.
- 3 – 4 Rock back on Left. Recover weight forward on Right.
- 5 – 6 Make 1/4 Right stepping Left back. Make 1/4 turn Right stepping Right to Right side. (6.00)
- 7 – 8 Cross Step Left over Right. Step Right to Right side.

Weave Right. Rock 1/4 turn. Full turn Left. Walk forward X2.

- 1&2 Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
- 3 – 4 Rock Right to Right side. Recover weight on Left making 1/4 turn Left. (3.00)
- 5 – 6 Make 1/2 turn Left stepping Right back. Make 1/2 turn Left stepping forward on Left.
- 7 – 8 Walk forward on Right. Walk forward on Left.

& Side Rock. Right Jazz Box. Cross Shuffle. Monterey 1/4 turn Right.

- &1 Rock Right to Right side. Recover weight on Left.
- 2 – 4 Cross Right over Left. Step back on Left. Step Right to Right side.
- 5&6 Cross Left over Right. Step Right to Right side. Cross step Left over Right.
- 7 – 8 Point Right out to Right side. Turn 1/4 Right stepping Right beside Left. (6.00)

Left Kick Ball-Step. Step-Scuff. Forward Rock. Shuffle 1/2 turn.

- 1&2 Kick Left forward. Step Left beside Right. Step forward on Right.
- 3 – 4 Step forward on Left. Scuff Right foot beside Left.
- 5 – 6 Rock forward on Right. Recover weight on Left.
- 7&8 Shuffle 1/2 turn Right stepping: Right, Left, Right. (12.00)

Left Kick Ball-Step. Step-Scuff-Hitch. Back Rock. Pivot 1/4 Turn.

- 1&2 Kick Left forward. Step Left beside Right. Step forward on Right.
- 3&4 Step forward on Left. Scuff Right beside Left. Hitch Right Knee Slightly.
- 5 – 6 Rock back on Right. Recover weight forward on Left.
- 7 – 8 Step forward on Right. Pivot 1/4 turn Left. (9.00).

Cross. Side. Sailor Heel. Ball-Cross. 1/2 turn Left. Point.

- 1 – 2 Cross Right over Left. Step Left to Left side.
- 3&4 Cross Right behind Left. Step Left to Left side. Dig Right heel to Right diagonal.
- &5 Step Right beside Left. Cross step Left over Right.
- 6 – 7 Make 1/4 Left stepping Right back (6.00). Make 1/4 Left stepping Left to Left side (3.00).
- 8 Point Right toe out to Right side.

1 1/4 Rolling Vine Right. Right Rocking Chair.

- 1 – 2 Make 1/4 Right stepping Right forward (6.00). Make 1/2 turn Right stepping Left back (12.00).
- 3 – 4 Make 1/2 turn Right stepping Right forward (6.00). Step forward on the Left.

5 – 8

Rock forward on Right. Recover weight back on Left. Rock back on Right. Recover weight forward on Left.

Contact : krazy_kark@hotmail.com - 07792984427 - www.karlwinsondance.moonfruit.com
