Shuffle Cha

Count: 32

Level: Beginner - Cha Cha

Choreographer: Irene Tang (HK) - January 2013

Music: Sleeping Child - Michael Learns to Rock

SEC 1: SIDE, BACK ROCK, RECOVER, R CHASSE, FWD ROCK, RECOVER, L CHASSE

- 1 3 Side LF to L, Rock RF back, Recover weight to LF
- 4&5 Side RF to R, Close LF to RF, Side RF to R
- 6 7 Rock LF fwd, Recover weight to RF
- 8&1 Side LF to L, Close RF to LF, Side LF to L

SEC 2: BACK ROCK, RECOVER, 3 X FWD SHUFFLE

- 2-3 Rock RF back, Recover weight to LF
- 4&5 Step RF fwd, Lock LF behind RF, Step RF fwd
- 6&7 Step LF fwd, Lock RF behind LF, Step LF fwd
- 8&1 Step RF fwd, Lock LF behind RF, Step RF fwd

SEC 3: FWD ROCK, RECOVER, 3 X BACK SHUFFLE

- 2-3 Rock LF fwd, Recover weight to RF
- 4&5 Step LF back, Lock RF over LF, Step LF back
- 6&7 Step RF back, Lock LF over RF, Step RF back
- 8&1 Step LF back, Lock RF over LF, Step LF back

SEC 4: BACK ROCK, RECOVER, 1/4 R CHASSE, FWD ROCK, RECOVER, L CHASSE

- 2 3 Rock RF back, Recover weight to LF start turning 1/4 to L
- 4&5 Complete 1/4 and side RF to R, Close LF to RF, Side RF to R (9:00)
- 6 7 Rock LF fwd, Recover weight to RF
- 8& Side LF to L, Close RF to LF

Contact - Website: www.linedancehk.com - Email: crazylinedancer@yahoo.com.hk





Wall: 4