

You Ain't Alone

Count: 32 Wall: 4 Level: Improver

Choreographer: Gaye Teather (UK) Jan 2013

Music: You Ain't Alone by Toby Keith. CD: Hope On The Rocks. (90 bpm)



16 count intro - Dance notes in CW direction

Side Right. Together. Right Scissor step. Side. Behind & cross & heel

- 1 – 2 Step Right to Right side. Step Left beside Right
- 3&4 Step Right to Right side. Step Left beside Right. Cross Right over Left
- 5 – 6 Step Left to Left side. Cross Right behind Left (dipping knees slightly)
- &7 Small step on Left to Left side . Cross Right over Left
- &8 Small step on Left to Left side. Touch Right heel diagonally forward Right

Together. Cross. Quarter turn Left. Left lock step back. Back rock. Shuffle forward

- &1 – 2 Step Right beside Left. Cross Left over Right. Quarter turn Left stepping back on Right (Facing 9 o'clock)
- 3&4 Step back on Left. Lock Right over Left. Step back on Left
- 5 – 6 Rock back on Right. Recover onto Left
- 7&8 Step forward on Right. Step Left beside Right. Step forward on Right

Left forward rock. Left Coaster step. Right forward rock. Right Coaster step

- 1 – 2 Rock forward on Left. Recover onto Right
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left
- 5 – 6 Rock forward on Right. Recover onto Left
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right

Step. Pivot half turn Right. Right side rock. Syncopated weave Right

- 1 – 2 Step forward on Left. Pivot half turn Right (Facing 3 o'clock)
- 3 – 4 Rock Left to Left side. Recover onto Right
- 5&6 Cross Left behind Right. Step Right to Right side. Cross Left over Right
- &7&8 Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross Left over Right

Start again