

# Blue Monday

**COPPER KNOB**  
STEPPERS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Vickie Schermbeck Normile (USA) - February 2013

**Music:** Blue Monday - Delbert McClinton



**Alternate for Seniors or Novice: I Believe in You by Don Williams**

**[1 - 8] Triple fwd, Rock Fwd; Triple Back; Rock Back**

- 1&2 Starting on R; triple fwd, R,L,R (count 1&2)
- 3-4 Rock fwd on L, recover R
- 5&6 Triple back, L,R,L (Count 5&6)
- 7-8 Rock back on R, recover L

**[9 -16] Chasse R, Rock Back; Chasse. L, Rock Back**

- 1&2 Step to the side R, L,R (Count 1&2)
- 3-4 Rock back L, Recover R
- 5&6 Step to the side L,R,L (Count 5&6)
- 7-8 Rock back on R, Recover L

**[17 - 24] 2 Jazz Boxes turning 1/4**

- 1,2,3 Step R over L, step back on L, Step side on R turning 1/4 R
- 4 Step L next to R
- 5-8 Repeat (now facing 6:00)

**[25 - 32] Step touches fwd & back**

- 1-2 Step R fwd, touch L next to R
- 3-4 Step L back, touch R next to L
- 5-6 Step R back, touch L next to R
- 7-8 Step L fwd, touch R next to L

**START OVER**

**NO TAGS NO RESTARTS**

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