Get Up

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Dan Morrison (CAN) - April 2013
Music: Get Up - Kimberly Davis

Intro: 16 Counts (after first down beat), start on lyrics.

Step, Touch, Step, R & L Sailor (backward motion), Ball-Step

1-3	Step R forward (1) Touch L beside R (2) Step L back (3)
4&5	Step R behind L (4) Step L beside R (&) Step R back (5) (facing 2 o'clock)
6&7	Step L behind R (6) Step R beside L (&) Step L back (7) (facing 10 o'clock)
8&	Step R behind L (8) Step L beside R (&)

Tap, Tap, Hat-Dance, Bumps, Coaster

1-2	Tap R forward twice (facing 2 o'clock)
&3	Step R beside L (&) Touch L forward (3)
&4	Step L beside R (&) Touch R forward (4)
&5&6	Step R beside L (&) Touch L forward,Bumping Hips (L,R,L)
7&8	Step L back (7) Step R beside L (&) Step L forward (8) (12 o'clock)

RESTARTS: Wall 3 (6 o'clock) and Wall 7 (9 o'clock)

Walk 2x, Anchor-Step, 1/2 turn, 1/4 turn, L Sailor

1-2	Step R forward (1) Step L forward (2)
3&4	Step R behind L (3) Step L inplace (&) Step R back (4)
5-6	1/2 Turn L, Step L forward (5) 1/4 Turn L, Step R side R (6)
7&8	Step L behind R (7) Step R beside L (&) Step L side L (8)

Behind, Side, Cross-Shuffle, 1/4 Turn, 1/4 Scissor

1-2	Step R behind L (1) Step L side L (2)
3&4	Step R over L (3) Step L side L (&) Step R over L (4)
5-6	Step L side L (5) 1/4 turn R, Step R forward (6)
7&8	Step L forward (7) 1/4 turn R, Step R beside L (&) Step L over R (8)

HAVE FUN AND ENJOY

RESTARTS: On Wall 3 and Wall 7, dance first 16 Counts, then Start again.

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