Power To The People



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Michael Barr (USA) - March 2013

Music: (For God's Sake) Give More Power To the People - Joss Stone : (Album: Soul

Sessions Vol. 2)



Download Legally: iTunes or Amazon – for the single download

Intro: 16 counts

[1-8] STEP FORWARD.	1/2 TUDN LEET	TDIDLE 4/9 LEET	- DOCK DETUDN	2/4 TUDN DICHT
11-81 STEP FURWARD.	1// IURNIEEL	. I KIPI F 1 <i>I/I</i> I FF I	~ RUCK. RETURN	. 3/4 TURN RIGHT

1 - 2	Step R forward; Turn ½ left taking weight onto L [6 o'clock]

3 & 4 Step R forward; Turn ¼ left cross-stepping L in front of R; Turn ¼ left stepping back on R [12]

o'clock1

5 - 6 Rock step back onto L; Return weight onto R in place

7 & 8 Step L forward; Turn ½ right taking weight onto R; Turn ¼ right stepping L side left [9 o'clock]

[9-16] SYNCOPATED ROCKS (w/ knee pop) ~ BEHIND, 1/4 LEFT, STEP FORWARD, 1/2 LEFT

1&2& Cross rock R front of L; (&) Return wt. to L in place; Step R side right; (&) Cross rock L front

of R

3 & 4 Return wt. to R in place; (&) Step ball of L side left, pop Both knees; Return heels to floor wt.

on L

Note: Only step on the ball of the L (& ct. of 3 & 4 above) as you pop your knees (heels come off floor).

5 - 6 Step R back behind left; Turn ¼ left stepping forward on L [6 o'clock]

7 - 8 Step R forward; Turn ½ left taking weight onto L [12 o'clock]

[17-24] QUICK LOCK, FORWARD, FORWARD, 1/4 RIGHT, CROSS ~ SYNCOPATED HIP BUMPS

&1 - 2 (&) Step R forward; (1) Lock/Step L foot behind R; (2) Step R forward

3 & 4 Step L forward; Turn ½ right taking weight onto R in place; Cross step L in front of R [3

o'clock]

5& Small step on ball of R side right bumping R hip right; Return weight to L as you lower (knees

bent)

6& Bump R hip right (wt. right still low with bent knees); Return weight to L

7& Rise slightly onto ball of R bumping R hip right; Return weight to L as you lower slightly

(knees bent)

8 Transfer weight to R (or take a small step to the right on the R foot)

Note: As you do the bumps think of forming the letter "C".

[25-32] BEHIND-SIDE-CROSS-SIDE-CROSS, UNWIND 1/2 ~ LOCK STEP BACK, COASTER STEP

1&2 Step L behind R; Step R side R; Cross step L in front of R

&3 Step R side right; Cross step L in front of R

4 Unwind ½ turn right in place keeping weight back on the L foot [9 o'clock]

5 & 6 Step back on R; Lock step L foot back in front of R; Step R back

7 & 8 Step L back; Step R next to L; Step L forward

Option: On count "&" of 7&; push off the R onto your L with a low flick of the R foot.

Begin Again!

Contact - Email: mbarr@saber.net - Website: www.michaelandmichele.com