Mama Rock Me

Count: 64 **Wall:** 4 **Level:** Easy Intermediate
Choreographer: Pam Cassells (AUS) - May 2013
Music: Wagon Wheel - Darius Rucker

Start Position: Feet together - with weight on L foot.
Starts on vocals – 48 counts in

1,2	Step R forward, touch L beside R,
3,4	Step L forward, touch R beside L,
5,6,7,8	Step R back, cross L over R, step R back, touch L beside R,
1,2	Step L back, touch R beside L,
3,4	Step R back, touch L beside R,
5,6,7,8	Step L back, cross R over L, step L back, touch R beside L,
1,2,3,4	Vine R - step R to R side, step L behind R, step R to R side, touch L beside R,
5,6,7,8	Touch L heel to L45, hook L over R shin, touch L heel to L 45, touch L beside R,
1,2,3,4	Vine L - step L to L side, step R behind L, step L to L side, touch R beside L,
5,6,7,8	Touch R heel to R45, hook R over L shin, touch R heel to R45, touch R beside L,
1,2,3,4	R rocking chair - step R forward, rock back on L, step R back, rock forward on L,
5,6,7,8	Step R forward, lock L behind R, step R forward, touch L beside R,
1,2,3,4	L rocking chair - step L forward, rock back on R, step L back, rock forward on R,
5,6,7,8	Step L forward, lock R behind L, step L forward, touch R beside L,
1,2,3,4	Step/rock R to R side, rock/replace weight onto L, step R over L, hold,
5,6,7,8	Step/rock L to L side, rock/replace weight onto R, step L over R, hold,
1,2	Step R to R side, step L beside R,
3,4	Hips - L, R,
5,6	Step L to L side, turning 90 degrees R on L dragging R up to L - weight on L,
7,8	Step R back, step L beside R (coaster step style).

REPEAT DANCE IN NEW DIRECTION

Restart: During wall three (3) - dance the first 32 counts and Restart again.

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