

# D One

**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Louise Elfvengren Olatoye (SE) June 2013

**Music:** D One – Flavour



**Intro:** Start at vocals when he says **ONE** (Baby you're the one)

## **SECTION 1: ROCK SIDE AND POINT X 2, PIVOT ½ RIGHT, SHUFFLE FORWARD**

- 1&2&      Rock right side, recover onto left, point right in front of left, recover on left
- 3&4      Rock right side, recover onto left, step down on right in front of left
- 5-6      Step forward on left, turn ½ right, stepping forward on right (6)
- 7&8      Step forward on left, step right beside left, step forward on left

## **SECTION 2: ROCK SIDE, STEP ACROSS, ROCK SIDE, STEP ACROSS, (moving fw) ROCK AND ¼ TURN LEFT, STEP DOWN LEFT-RIGHT**

- 1&2      Rock right side, recover onto left, cross right over left and step down on right
- 3&4      Rock left side, recover onto right, cross left over right and down on left
- 5&6      Rock right side, recover onto left while turning ¼ left, step down on right (9)
- 7-8      Step down left-right on the spot

## **SECTION 3: WEAVE RIGHT, ROCK SIDEWAY, ROCK AND TURN ½ LEFT, MAMBO FW**

- 1&2      Step left behind right, right to right side, left across right
- 3&4      Rock right to right side, recover onto left, step down on right
- 5&6      Rock forward on left, recover onto right and turn ½ left stepping down on left (3)
- 7&8      Rock forward on right, recover onto left, step down on right

## **SECTION 4: WALK BW X 2, SWAY x 2, WALK FW x 2, MAMBO ROCK FW**

- 1-2      Walk backward left-right
- 3-4      Sway hips left-right
- 5-6      Walk forward left-right
- 7&8      Rock left forward, recover onto right, step down on left

**START AGAIN ... NO TAGS.. NO RESTART ... ENJOY!**

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