Break My Mind

Count: 40 **Wall:** 4 **Level:** Beginner
Choreographer: Graham Mitchell (SCO) - May 2013
Music: Break My Mind - Nathan Carter

(1-8) R & L SIDE TOUCHES , SIDE TOGETHER FORWARD HOLD

1-2	Step R to R side , Touch L beside R (12)
3-4	Step L to L side , Touch R beside L (12)
5-6	Step R to R side , close L beside R (12)
7-8	Step forward R , Hold (12)

(9-16) L & R SIDE TOUCHES , SIDE TOGETHER BACK HOLD

9-10	Step L to L side , Touch R beside L (12)
11-12	Step R to R side , Touch L beside R (12)
13-14	Step L to L side , close R beside L (12)
15-16	Step L back , Hold (12)

(17-24) WALK BACK , HALF TURN SHUFFLE , WALK FORWARD, STEP PIVOT STEP

17-18	Walk back R, L (12)
19&20	½ turn shuffle over R , stepping R, L, R (6)
21-22	Walk forward L , R (6)
23&24	Step forward on L , Pivot half turn R , step forward L (12)

(25-32) HEEL DIGS R & L , BEHIND SIDE CROSS

25-26	Tap R Heel forward twice (12)
27&28	Step R behind L , Step L to L side , Cross R over L (12)
29-30	Tap L Heel forward twice (12)
31&32	Step L behind R, Step R to R making ¼ turn R , step forward L (3)

(33-40) CHARLESTON STEPS , LEFT COASTER ST EP

33-34	Sweep R forward , step back on R (3)
35-36	Sweep L back , step forward on L (3)
37-38	Sweep R forward , step back on R (3)
39&40	Step back on L , step R beside L, step L slightly forward (3)

BEGIN AGAIN

TAG AT THE END OF WALLS 2 , 4 , AND 5. – ADD THE FOLLOWING 4 COUNTS
R JAZZ BOX CROSS

1-2	Cross R over L , step L back
3-4	Step R to R side , cross L over R

Contact: gm.edin@btinternet.com