Skip To The Good Bit

Count: 64

Level: Intermediate

Choreographer: Tina Summerfield (UK) - September 2013

Wall: 2

Music: Skip To the Good Bit - Rizzle Kicks : (Album: Roaring 20's - Single - iTunes)

2 Restarts: F	Restart 1: Wall 3 after 16 counts -Restart 2: Wall 5 after 48 counts
16 count intr	0
Section 1: W	alk forward x2, Kick Close, Side rock, Recover Kick, Close, Side rock, Recover, Jazz box
1-2	Walk forward on right, walk forward on left
3&4&	Kick right forward, close right beside left, rock left to left side, recover to right
5&6&	Kick left forward, close left beside right, rock right to right side, recover to left
7&8	Cross right over left, step left back, step right to right side
Section 2: C	ross, Unwind ½ turn, Coaster step, Forward mambo, Back rock
1-2	Cross left over right, unwind ½ turn right (weight finishes on left) (6.00)
3&4	Step right back, close left beside right, step right forward
5&6	Rock forward on left, recover to right, step left back
7-8	Rock back on right, recover to left
Restart 1: W	all 3 Restart dance facing 6.00
Section 3: St	ep forward, Touch behind, Heel jack, Close, Touch, Back rock, Recover, ½ Pivot, Step forward
1-2	Step right forward, touch left behind right
&3&4	Step left back, touch right heel forward, close right beside left, touch left beside right
5-6	Rock back on left (Look to left), recover to right
7&8	Step left forward, pivot ½ turn right, step left forward (12.00)
Section 4: St	ep forward, Hold, Ball step, Touch Heel jack, Close, Touch, Back rock, Recover
1-2	Step right forward, hold
&3-4	Close left beside right, step right forward, touch left behind right
&5&6	Step left back, touch right heel forward, close right beside left, touch left beside right
7-8	Rock back on left (Look to left), recover to right
Section 5: 1/4	Pivot, Cross, Step side, Touch, Step side, Touch, Ball cross, Ball cross
1&2	Step left forward, pivot 1/4 turn right, cross left over right (3.00)
3-4	Step right to right side with slight dip, touch left to left diagonal
5-6	Step left to left side with slight dip, touch right to right diagonal
&7&8	Step ball of right behind left, cross left over right, step ball of right behind left, cross left over right
Section 6: 1/4	Turn left, ½ Turn left, Shuffle ½ turn left, Coaster step, Out, Out
1-2	Making ¼ turn left step right back, making ½ turn left step left forward (6.00)
3&4	Making ½ turn left step back on right, close left beside right, step back on right (12.00)
5&6	Step left back, step right back beside left, step left forward
&7-8	Jump right out to right side, jump left out to left side, hold
side, 8 – pus	ns on counts &7- 8 &7- Circle fists inwards chest height full circle with elbows pointing to h right elbow to right, stretch left arm to left side and point index finger) all 5 restart dance facing 12.00
Section7: Sa	mba step x2, Cross, Side, Behind, ¼ Turn, Pivot ½ turn
1&2	Cross right over left, rock left to left side, recover to right

3&4 Cross left over right, rock right to right side, recover to left



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- 5&6 Cross right over left, step left to left side, step right behind left
- 7&8 Making ¼ turn left, step left forward, step right forward, pivot ½ turn left (3.00)

Section 8: Cross rock, Recover, ¼ Turn, Cross rock, Recover, Side rock, Recover, Step back with Sweep, Step back, Back rock, Recover

- 1&2 Cross rock right over left, recover to left, making ¹/₄ turn right step right forward (6.00)
- 3&4& Cross rock left over right, recover to right, rock left to left side, recover to right
- 5-6 Step left back sweeping right, Step back on right sweeping left back
- 7-8& Step left back, rock back on right, recover to left

Ending: Dance finishes at the end of Wall 6 : Cross right over left, unwind ½ turn left to face front .

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