# High Time For Getting Down

Level: High Beginner

Choreographer: GYTAL (USA) - October 2013

Music: High Time for Gettin' down - Travis Tritt

## Hip (or Knee Rolls)

**Count: 32** 

- 1-4 Roll R hip, Roll L hip (or Knees)
- 5-8 Roll R,L,R,L hip (or Knee)

### Vine R with a touch, Vine L with 1/4 turn L, scuff

- 9-12 Step R to R, step L behind R, Step R to R, Touch L
- 13-16 Step L to L, Step R behind L, Step L 1/4 turn to L Scuff R

### 1/2 turn 1/2 turn, Back back back Hitch

- 17-18 step R forward turn 1/2 turn to L
- 19-20 Step R forward turn 1/2 turn to L
- (Variation for 17-20 Rocking Chair for those who care not to turn)
- 21-24 Walk back R, L, R, Hitch L

### Diagonal L-Step, Lock, Step Scuff, Jazz Box

- 25-28 Step L, diagonal to L, cross R behind L, Step L , Scuff R
- 29-32 Cross R over L, Step back on L , step R next to L, Step L

#### Repeat

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Wall

Wall: 4