

# Take It Like A Man

**COPPER KNOB**  
ART OF MOVEMENT

**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Roz Chaplin & Laura Hilbert (UK) Oct 2013

**Music:** Take it like a Man – Cher. CD: Closer To The Truth (130 bpm)



## 32 Count Intro

### HEEL GRIND, COASTER STEP, FORWARD ROCK, SHUFFLE ¼ TURN

- 1-2 Grind right heel forward, recover onto left
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Rock forward on left, recover onto right
- 7&8 Shuffle ¼ left stepping – left, right, left (9)

### CROSS ROCK, KICK BALL CROSS, STEP RIGHT, TOUCH, POINT AND POINT

- 1-2 Cross rock right over left, recover onto left
- 3&4 Kick right foot forward, step right beside left, cross left over right
- 5-6 Large step to right, touch left beside right
- 7&8 Point left to left side, step left beside right, point right to right side

### BACK ROCK, SHUFFLE FORWARD, CROSS, BACK, COASTER STEP

- 1-2 Rock back on right, recover onto left
- 3&4 Step forward on right, close left beside right, step forward on right
- 5-6 Cross left over right, step back on right
- 7&8 Step back on left, step right beside left, step forward on left

### STEP PIVOT ¼ LEFT, STEP PIVOT ¼ LEFT, JAZZ TOUCH

- 1-2 Step forward on the right, pivot ¼ turn left (6)
- 3-4 Step forward in the right, pivot ¼ turn left (3)
- 5-6 Cross right over left, step back on left
- 7-8 Step right to right side, touch left beside right

**Restart Here on Wall 2 and only at this point on the Jazz Box put full weight on left foot**

### FORWARD ROCK, SIDE MAMBO STEPS X2

- 1-2 Rock forward on left, recover onto right
- 3&4 Rock left to left side, recover onto right, step left beside right
- 5-6 Rock forward, on right, recover onto left
- 7&8 Rock right to right side, recover onto left, step right beside left

### FORWARD ROCK, SIDE ROCK, BACK KICK, BACK KICK.

- 1-2 Rock forward on the left, recover weight on the right
- 3-4 Rock left to left side, recover weight on the right
- 5-6 Step back on the left, kick right forward with a clap
- 7-8 Step back on the right, kick left foot forward with a clap

### REVERSE ROCKING CHAIR, SIDE ROCK, CROSS, HOLD

- 1-4 Rock back on left, recover onto right, rock forward on left, recover onto right
- 5-8 Rock left to left side, recover onto right, cross left over right, Hold

### RIGHT SHUFFLE BACK, LEFT SHUFFLE ½ TURN, STEP ½ TURN STEP, TOUCH, CLAP

- 1&2 Step back on right, step left beside right, step back on the right

3&4	Shuffle ½ turn stepping - left, right, left
5-6	Step forward on the right, pivot ½ turn
7-8	Touch right beside left. Hold/Clap

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