No Diggity Blues



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Darren Bailey (UK) & Roy Verdonk (NL) - December 2013

Music: No Diggity - Oli Brown: (Album: Heads I Win, Tails You Lose)



Intro: 52 counts - (N.B. Clock notation is the direction you are facing)

				_
Dorothy R. Synconated	Lock Stens I Hit	ch R Hinroll R	. Hiproll L With 1/4 Turn I	R

1-2&	Rf step diagonal forward, Lf lock behind Rf, Rf step diagonal forward
3&4	Lf step diagonal forward left, Rf lock behind Lf, Lf step diagonal forward

& Rf hitch right knee

Rf step to right and start Hiproll CCW
Bump hip to left (weight remains on Rf)
Take weight onto Lf and start Hiproll CW

8 Make 1/4 turn right bumping hip to right (weight remains on Lf) ((3.00)

Ball/Step, Forward R, 1/4 Turn L, Cross, 3/4 Turn R, Lunge Forward L, Recover R, 1/4 Turn R, Weave R, Hitch R

&1	Rf step next to Lf,	Lf step forward

2& Rf step forward, make 1/4 turn left finishing with weight on Lf (12.00)

3&4 Rf cross in front of Lf, make 1/4 turn right stepping Lf back (3.00), make 1/2 turn right

stepping Rf forward (9.00)

5 Make big step forward on Lf

6 Recover onto Rf

&7 Lf step back, make 1/4 turn right stepping Rf right (12.00)

& Lf cross in front of Rf

8 Rf hitch knee

Cross, Side L, Syncopated Sailor R, Step Forward L, Sweep R From Back To Front, Cross, 1/4 Turn R, Side R, Cross With Releve 1/2 turn L

1-2	Rf cross i	in front o	flflf	sten le	⊃ft

&3&	Rf cros	s behir	nd Lf,	Lf step	left,	Rf step	diag	jonal	forward right	İ

4-5 Lf step forward, start sweeping Rf from back to front

6& Rf cross in front of Lf , Lf step back

7& Make 1/4 turn right stepping Rf right, Lf cross in front of Rf (3.00)

8 Whilst stepping Rf to right Make 1/2 turn left on ball of Rf lifting your left straight leg from the

floor (9.00)

Step L To L, Hold, Touch R Forward, Hip Bump R, L Rock L, Recover R, Tripple Full Turn L

1-2 Lf step to left, hold

3-4 Rf touch toes forward whilst bumping hip forward, take weight onto Rf

5-6 Lf rock to left, recover onto Rf

7&8 Make tripple full turn left (L,R,L) (9.00)

This dance was choreographed for Berth Ek for his 10 years party at AdventsSparken!

Contact: Dazzadance@hotmail.com