Good Hearted Woman

Count: 64

5-6

7&8

Level: Intermediate

Choreographer: Evelyn Khinoo (USA) - January 2014

Music: A Good Hearted Woman - LeAnn Rimes : (Album: Lady & Gentlemen - 3:41)

Start: 16 c	ounts; may count as SSQQS (slow, slow, quick, quick, slowexample Section A)
A. FWD, F	WD, ROCK FWD, RECOVER, BACK, BACK w/HOOK, FWD 3/8 TURN R, SHUFFLE FWD
1-2	Step R fwd, step L fwd [SS]
3&4	Step R fwd, rock back onto L, step R back [QQS]
5-6	Step L back and hook R over L, step R fwd into 3/8 R turn (facing R diagonal) (4:00) [SS]
7&8	Step L, step R together with L, step L fwd [QQS] (4:00)
B. ROCK	FWD, RECOVER, ½ TURN R, SIDE ROCK, CROSS, SIDE, SAILOR
1-2	Step R fwd, rock back onto L
3&4	Step R fwd into $\frac{1}{2}$ turn R, rock L to L side, recover onto R (10:00)
5-6	Cross L in front of R, step R to R side (10:00)
7&8	Step L behind R, step R to R side, step L to L side (sailor)
C. CROSS	5, BACK ¼ TURN R w/HOOK, 3/8 SHUFFLE TURN R, ROCK BACK, RECOVER FWD, LOCK D
1-2	Cross R over L, step L back into ¼ R and hook R in front of L (1:00)
3&4	Step R fwd 3/8 R turn (square up to back wall), step L next to R, step R fwd (3/8 shuffle turn) (6:00)
5-6	Rock L back, recover fwd onto R
7&8	Step L fwd, step R slight behind L, step L fwd (lock step)
D.□¼ FW	D R, WALK FWD, ANCHOR STEP, WALK BACK L, R, ½ L SAILOR \Box
1-2	Step R into ¼ R turn, walk L fwd
3&4	Rock onto ball of R slightly behind L heel, rock onto L in place, step slightly back onto R (anchor step)
5-6	Walk back L, walk back R
7&8	Cross L behind R, step R next to L while making $\frac{1}{2}$ L turn, step L slightly fwd ($\frac{1}{2}$ sailor)
	K FWD R, L, ANCHOR, WALK BACK L, R, ¼ L SAILOR
1-2	Step R fwd, step L fwd
3&4	Rock onto ball of R slightly behind L heel, rock onto L in place, step slightly back onto R (anchor step)
5-6	Walk back L back, walk back R
7&8	Cross L behind R, step R next to L while making ¼ L turn, step L slightly fwd (¼ sailor)
	K FWD R, L, R, SIDE ROCK, WALK BACK L, R, L, SIDE ROCK
1-2	Step R fwd, step L fwd
3&4	Step R fwd, rock L to L side, recover onto R
5-6	Step L back, step R back
7&8	Step L back, rock R to R side, recover onto L [see ending at bottom]
	D, ¼ L PIVOT, CROSS & CROSS, ¼ L ROCK, RECOVER, LOCK STEP
1-2	Step R fwd, pivot ¼ turn L (9:00)
3&4	Cross R over L, step L to L side, cross R over L

Step L fwd into ¼ L turn, rock back onto R (6:00)

Step L fwd, step R slightly behind L, step L fwd





Wall: 2

H. SIDE ROCK, RECOVER, CROSS, SIDE, CROSS, WALK IN L CIRCLE 360° STEPPING L, R, L, R(&), L

- 1-2 Rock R to R side, recover onto L (angle body slightly L) (6:00)
- 3&4 Cross R over L, step L to L side, cross R over L
- 5-6 Step L fwd starting 360° circle to the L, step R fwd continuing around to L
- 7&8 Finish 360° circle stepping L, R (&), L (run run run, or shuffle) (6:00) [see tag at bottom]

TAG: At the end of wall 3, Section H (facing the back): As you finish the 360° L turn, stomp on count 7 (facing 6:00), hands out to sides and pose; hold on count 8.

You'll hear the break in the music. This happens only once.

ENDING: Wall 6 (starts at the back), during Section F. On counts 7&8 make a ½ L sailor to the front and pose!

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