Slow Motion

Count: 64 **Wall:** 0 **Level:** Phrased Intermediate
Choreographer: Paola Testi - January 2014
Music: Pontoon - Little Big Town

Sequence : AAB Tag ABA Tag BAA

Part A - 32 counts
WALK FORWARD, ROCK, ¾ TURN LEFT, CROSS, SIDE STEP, CROSS

1-2	walk forward right, left
3&4	right step forward, recover on left foot, right step back
5-6	touch left toe behind, ½ turn left (weight on right foot)
7&8	turn ¼ left sweeping left foot from forward to back (3:00) behind right foot, right step to right, cross left over right

SIDE STEP,CROSS BEHIND, SIDE STEP, HEEL TOUCH, CROSS , ½ TURN, CROSS,SIDE,CROSS

1-2	right step to right , cross left behind
&3&4	right step to right, touch left heel slightly diagonal, left step together, cross right over left
5-6	turning ¼ right left step back, turning ¼ right step side (9:00)
7&8	cross left over right foot, right step side , cross left over right foot

SIDE ROCK STEP, ¼ TURN LEFT, SHUFFLE BACK

1&2	right step to right, recover, cross right over left
3&4	left step to left, recover, cross left over right
5-6	right step to right, kick left turning ¼ left (6:00)
7&8	shuffle back left-right-left

ROCK BACK, FULL TURN,HEEL ,STEP, STEP TOGETHER

1-2	right step back , recover
3-4	left full turn (right, left) option: two step forward=right, left
5&6	touch right heel forward, right step, left step together
7&8	repeat 5&6

Part B - 32 counts
TOUCH SIDE, ½ TURN RIGHT, TOUCH SIDE 2 X SAILOR STEP

1&2	touch right toe to right, turning ½ right step on site ,touch left toe to left (6:00)
&3&4	step left together, touch right toe to right, step right together, touch left toe to left
5&6	cross left behind right, step right slightly to right, step left sligtly to left
7&8	cross right behind left, step left slightly to left , step right slightly to right

KICK BALL CHANGE,ROCK FORWARD, SHUFFLE ½ TURNING LEFT, SIDE ROCK

1&2	left kick forward, left step together, right step
3-4	left rock forward, recover,
5&6	left shuffle turning ½ left :left-right-left(12:00)
7&8	right rock to right, recover, cross right over left

TOUCH FORWARD, TOUCH SIDE, SAILOR ¼ TURNING LEFT, TOUCH FORWARD, TOUCH SIDE, SAILOR ¼ TURNING RIGHT

1-2	touch forward with left toe, touch side with left toe
3&4	turning ¼ left : cross left behind right foot, step right slightly to right, step left to left
5-6	touch forward with right toe, touch side with right toe
7&8	turning ¼ right : cross right behind left foot, step left slightly to left, step right to right

STEP BACK, HOLD, STEP BACK, HOLD, SIDE ROCK WITH SHOULDER MOVEMENT, SIDE TOUCH, HITCH

1-2	left step back, hold
&3-4	right step together, left step back, touch right toe together
5-6	right step to right(pushing with attitude right shoulder up), recover (pushing with attitude left shoulder up)
7-8	step right to side, recover to left bending right leg

TAG (16 COUNTS)
SIDE ROCK STEP , WAVE

1-2- 3&4	right step to right , recover, cross right behind left, left step to left, cross right over left
5-6-7&8	left step to left , recover, cross left behind right, right step to right, cross left over right

STEP, ½ TURN, COASTER STEP, ½ TURN, STEP ,ANCHOR STEP

1-2	right step forward, ½ turning right left step back
3&4	right step back, left together, right step forward
5-6	½ turning right left step back, right step back
7&8	left step back (3rd position), step right on site , left step.

FINAL: On last part A, last section replace 1-2 ROCK BACK ON RIGHT, RECOVER with:

&1	RIGHT STEP BACK TOUCHING LEFT HEEL FORWARD.

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