Break A Hip

Count: 64 **Wall:** 2 **Level:** Beginner
Choreographer: Roz Chaplin (UK) & Colin B. Smith (UK) - February 2014
Music: Break Away - Scooter Lee

GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN

1-2	Step right to right side, step left behind right
3-4	Step right to right side, scuff left next to right
5-6	Step left to left side, step right behind left
7-8	Make ¼ turn to left stepping left forward, scuff right next to left (3)

GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN

1-2	Step right to right side, step left behind right
3-4	Step right to right side, scuff left next to right
5-6	Step left to left side, step right behind left
7-8	Make ¼ turn to left stepping left forward, scuff right next to left (6)

TOE STRUT, CROSS STRUT, ROCK & CROSS

1-2	Touch right toe to right side, drop right heel taking weight
3-4	Cross left toe over right, drop left heel taking weight
5-6	Rock right to right side, recover onto left
7-8	Cross right over left, hold

TOE STRUT, CROSS STRUT, ROCK & CROSS

1-2	Touch left toe to left side, drop left heel taking weight
3-4	Cross right toe over left, drop right heel taking weight
5-6	Rock left to left side, recover onto right
7-8	Cross left over right, hold.

FORWARD, KICK, STEP LOCK BACK

1-4	Step forward right, hold, kick left forward, hold
5-8	Step back on left, lock right in front of left, step back on left, hold

LOCK, STEP, COASTER STEP

1-4	Cross right over left, hold, step back on left, hold
5-8	Step back on right, close left beside right, step slightly forward on right, hold

HEEL FLICKS, SHUFFLE FORWARD

1-4	Touch left heel forward, hook left heel to right knee, touch left heel forward, flick heel out
5-8	Step forward left, close right beside left, step forward left

HEEL FLICKS, SHUFFLE FORWARD, STEP

1-4	Touch right heel forward, hook heel to left knee, touch right heel forward, flick heel out
5-8	Step forward on right, close left beside right, step forward on right, close left beside right

BEGIN AGAIN AND DON'T FORGET TO SMILE!

Choreographer's note. This dance is so named because of a rather bad accident that happened to one of the choreographers. Take care.

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