It Ain't Easy



Count: 32 Wall: 4 Level: Beginner / Improver

Choreographer: Gaye Teather (UK) - March 2014

Music: It Ain't Easy - Mike Kelly



16 count intro – 9 seconds - Dance rotates in CCW direction

Walk, Walk,	Kick-ball-change.	Right Rocking chair

1 – 2	Walk forward Right. Left
3&4	Kick Right foot forward. Step Right beside Left. Step Left in place beside Right
5 – 6	Rock forward on Right. Recover onto Left
7 – 8	Rock back on Right. Recover onto Left

Step. Pivot half turn Left. Shuffle forward. Step. Pivot quarter turn Right. Cross shuffle

1 – 2	Step forward on Right. Pivot half turn Left
3&4	Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6	Step forward on Left. Pivot quarter turn Right (Facing 9 o'clock)
7&8	Cross Left over Right. Step Right to Right side. Cross Left over Right

Side Right. Toe points across. Side. Across. Chase left. Back rock

1 – 2	Step Right to Right side. Point Left toe across Right foot
3 – 4	Point Left toe to Left side. Point Left toe across Right foot
5&6	Step Left to Left side. Step Right beside Left. Step Left to Left side
7 – 8	Rock back on Right, Recover onto Left

Chasse Right. Back rock. Side Left. Touch. Twist. Twist	
1&2	Step Right to Right side. Step Left beside Right. Step Right to Right side
3 – 4	Rock back on Left. Recover onto Right
5 – 6	Step Left to Left side. Touch Right toe in front of Left foot
7 – 8	Twist heels of both feet to Right. Twist heels of both feet back to centre (weight remains on
	Left)

Start again