

# Deep In My Heart

**COPPER KNOB**  
BY CHOREOGRAPHERS

**Count:** 48    **Wall:** 2    **Level:** High beginner

**Choreographer:** Lene Mainz Pedersen & Inge Vestergård, DK (Marts 2014)

**Music:** Knee Deep In My Heart by Shane Filan



**There is an 8 count intro – start on Lyrics**

## **Point & Point &, Cross ¼ Turn R, Coaster Step, Walk, Walk**

- 1&2&            Point R toe across left, Step R next to L, Point L toe across R, Step L next to R  
3-4              Cross R over L, make 1/4 turn R stepping L back ( 3.00)  
5&6              Step R back, Step L beside R, step R forward  
7-8              Walk L, Walk R

## **Mambo Fwd, Mambo Back, Heelswitches x2, Point & Point &**

- 1&2              Rock forward on L, recover weight onto R, step L next to R  
3&4              Rock back on R, recover weight onto L, step R next to L  
5&6&            Touch L heel forward, step L next to R, touch R heel forward, step R next to L (\*\*  
Ending on Wall 7)  
7&8&            Point L to side, Step L next to R, Point R to side, Step R next to L

## **Side Step, Chasse ¼ turn L, Rock Step, Coaster Step**

- 1-2              Step L to side, Step R next to L  
3&4              Step L to side, Step R beside L, ¼ turn L stepping L forward (12.00)  
5-6              Rock forward on R, Recover on L  
7&8              Step R back, Step L beside R, step R forward

## **Charleston Step x 4**

- 1-4              Step L forward, point R forward, Step R back, Touch L back  
5-8              Step L forward, point R forward, Step R back, Touch L back (\* Tag and restart Wall  
5)

## **Walk x 4 In A ½ Circle L, Step Lock Step, Side Rock**

- 1-4              Make a ½ circle L walking L – R – L – R (6.00)  
5&6              Step forward on L, Lock R behind L, Step forward on L  
7-8              Rock R to R side, Recover on L

## **Behind Side Cross, Side Rock Recover, Behind Side Cross, Side Rock Recover**

- 1&2              Cross R behind L, Step L to side, Cross R in front of L  
3-4              Rock L to L side, Recover on R  
5&6              Cross L behind R, Step R to side, Cross L in front of R  
7-8              Rock R to R side, Recover on L

## **\*Tag & Restart**

### **Tag and Restart Happens On Wall 5 facing 12 o'clock After Charleston Step**

- 1-2              Step L to side, step R next to L  
3-4              Step L to side, Touch R next to L

**\*\* Ending: There is a small ending on Wall 7 facing 9 o'clock after Heel Switches:  
Step forward on L and make a ¼ turn R stepping forward on R facing 12 o'clock.**

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