Atemlos

Count: 32 **Wall:** 4 **Level:** High Beginner - Novelty / Social
Choreographer: Sarah Fröhlich (DE) - April 2014
Music: Atemlos durch die Nacht - Helene Fischer

Dance starts after 16 counts!

CHASSÉ R, ROCK STEP, CHASSÉ L with ¼ TURN, ROCK STEP

1&2	RF step side, LF close to RF, RF step right
3,4	LF step back, recover on RF
5&6	LF step side, RF close to LF, 1/4 turn right stepping LF back
7,8	RF step back, recover on LF

2x DIAGONAL STEP TOUCH, ½ CHASSÉ R, ½ CHASSÉ R

1,2	RF step diagonal forward, LF touch next to RF
3,4	LF step diagonal forward, RF touch next to LF
5&6	¼ turn right RF step side, LF close to RF, ¼ turn right RF step forward
7&8	¼ turn right LF step side, RF close to LF, ¼ turn right LF step back

¼ TURN R, STEP TOUCH, ¼ TURN R, STEP TOUCH, STEP RIGHT, KNEE POP, CLOSE L

1,2	¼ turn right and RF step right, LF touch next to RF
3,4	¼ turn right and LF step left, RF touch next to LF
5	RF step side
6,7	turn left knee in and out
8	LF close to RF

SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

1,2	RF step to right, recover on LF
3&4	RF step behind LF, LF step side, RF cross in front of LF
5,6	LF step to left, recover on RF
7&8	LF step behind RF, RF step side, LF cross in front of RF

Restarts: After count 24 in wall 1, 2, 7 and 8.

Tags: Sways for eight counts after wall 6, and for four counts after wall 11.

Have fun and be happy!

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