## Grateful Heart

**Count: 32** 

Level: Intermediate

Choreographer: Leong Mei Ling (MY) - May 2014

Music: Gan En De Xin by Ouyang Fei Fei

Note: This dance (and song) is dedicated to all mothers, fathers, guardians and anyone who has given of their love, time & support in nurturing a fellow human being along his/her journey in this lifetime. On a personal note, this dance is specially dedicated to my mom & my mom-in-law (deceased March 2014) for guiding me in my life's journey.

Intro: 32+4 counts (One Restart: on Wall 4 after count 28, restart facing 12:00)

Wall: 2

Section 1: R BASIC NC, 1/4R BACK, 1/4R SIDE, CROSS, R BASIC NC, 1/4R BACK, 1/4R SIDE, CROSS, FWD, FWD PRESS

- 1-2&3
   Step R to right side, step L behind R, cross R over L, 1/4 turn right step back L [3:00]

   □□continue turning another 1/4 right (weight still on LF) draw R towards L [6:00]
- 4& Step R to right side, cross L over R
- 5-6&7& Step R to right side, step L behind R, cross R over L, 1/4 turn right step back L, 1/4 right step R to side [12:00]
- 8&1 Step L fwd to R diagonal, step R fwd, press L fwd [1:30]

## Section 2: BACK-SWEEP (2X), 3/8L WEAVE, 1/2R PIVOT, HITCH/LIFT, 1/2L, POINT L BACK

- 2-3 Recover R, sweep L front to back, step L back, sweep R front to back
- 4&5 Step R behind L, 3/8 left step L forward, step R forward [9:00]
- 6&7 Step L fwd, 1/2 right step R fwd, draw L towards R (or hitch/lift L beside R) [3:00]
- 8&1 Step L fwd, 1/2 turn left step R back, point/extend L behind (prep for 3/4 turn) [9:00]
- Section 3: 3/4R TURN, POINT L, CROSS ROCK SIDE, CROSS BACK BACK, CROSS BACK, SIDE 1/4L

2-3 Weight still on R, turn 3/4 right (keeping L tucked close beside R heel), point L to left [6:00]

- [Easier option: straighten R drawing L towards R as you make 1/4 turn left(2), point L to left (3)]
- 4&5 Step L across R, recover weight to R, step L to side
- 6&7& Cross R over L, step L back to left diagonal, step R to right diagonal, cross L over R [6:30]
- 8& 1/8 left step R back, 1/4 left step L to side [3:00]

## Section 4: ACROSS, RECOVER SIDE CROSS, RECOVER, COASTER, JAZZ BOX CROSS

- 1-2& Step R across L [1:30], recover L, step R to side
- 3-4 Step L across R [4:30], recover R \*\*Restart here (Wall 4)
- 5&6 Step L back, step R beside L, step L fwd
- 7&8& Step R across L, step L back, step R to side [6:00], step L across R

## \*\*Restart::

To Restart, add an '&' count after count 28 (Section 4), on Wall 4.

Example below:

- 3-4 Step L across R, recover R
- & Step L behind R (\*\*Restart by squaring to right wall)

Contact: linedanz@gmail.com



