I Can Be...

**Count: 32** 

Level: Intermediate / Advanced NC2

Choreographer: Linda McCormack (UK) - March 2014

Music: This Time - John Legend : (iTunes)

Count in: 16 count intro Info: 2 restarts; wall 3 & 7- restart dance after 16 counts of dance [1-9] Sweeps x2, behind, side-cross rock, side, behind, ¼, step, ½ pivot, ¼, rock, sweep 1,2 (starting with the RF infront of the L) sweep RF round (1); stepping down on RF sweep LF round (2); Step LF behind RF (3); step RF to R side (&); cross rock LF over R, recover back onto RF 3&4& (4&); 5,6& Step LF to L side, slightly dragging RF (5); step RF behind LF (6); 1/4 turn to the L stepping forward on the LF- facing 9 o'clock (&); 7&8&1 Step forward of RF (7); <sup>1</sup>/<sub>2</sub> turn pivot over L shldr- to face 3 o'clock (&); <sup>1</sup>/<sub>4</sub> turn, stepping RF to R side - to face 12 o'clock wall (8); cross rock LF over R (&); recover weight back onto RF whilst sweeping LF round (1); [10-17] Behind, 1/8th step, R lock step, rock-recover, coaster step, step, ½ pivot Step LF behind R (2); turn 1/8th, stepping forward on RF - to face 1.30 o'clock (&); step 2&3 forward on LF (3); 4&5 Step forward on RF (4); lock LF in behind RF (&); step forward on RF (5); 6&7&8 Rock forward on LF (6); recover back onto RF (&); L coaster step (7&8); Step forward on RF (&); <sup>1</sup>/<sub>2</sub> turn pivot over L shldr to face 6.30 o'clock, keeping feet in same &1 position with weight even (1); [18-25] Close, cross, ¼, ¼, cross, nightclub basic, side, cross, ¼, ¼ Close LF to R (2); cross RF over L (3); ¼ turn stepping back on the LF- to face 12 o'clock (&); 2,3&4& 1/4 turn stepping RF to R side- to face 3 o'clock (4); cross LF over R (&); 5,6&7 R nightclub basic (5,6&); step LF to L side (7); 8&1 Cross RF over L (8); ¼ turn stepping back on the LF- to face 6 o'clock (&); ¼ turn stepping RF to R side- to face 9 o'clock (1) [26-32&] Behind, side, cross, ¼, back rock, recover, step- full spiral turn, walks x 2, step, full tuck turn, step, rock 2&3&4& Step LF behind R (2); Step RF to R side (&); cross LF over R (3); <sup>1</sup>/<sub>4</sub> turn stepping back on the RF- to face 6 o'clock (&); rock back on LF (4); recover weight back onto RF (&); Stepping forward on the LF, spiral full turn R(5); 2 walks R, L (6&); Stepping forward on the 5,6&7 RF, full turn over the R shldr dragging LF behind R (7); 8& step forward on LF (8); rock forward on the RF (&); While recovering weight back onto the LF, start dance again with R sweep.

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**Wall:** 2