Hands on Heart

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Francien Sittrop (NL) - May 2014
Music: Hand On Heart - Olly Murs : (Album: Right Place Right Time - Deluxe Edition)

Intro: Start after 16 counts

[1 – 8]☐Step Fwd, Rocking Chair, ¾ Turn R with Lockstep, Mambo Step, Step Back, Together

1	Step L fwd
2&3&	Rock R fwd, Recover on L, Rock R back, Recover on L
4 & 5	½ Turn R step R fwd, Lock L behind R, ¼ Turn R step R fwd (09.00)
6 & 7	Rock L fwd, Recover on R, Step L back
8 &	Step R back, Step L next to R

[9-16]☐Vaudeville , Prissy Walks, Step fwd, Pivot ½ L, Step fwd, Full Turn L

1&2&	Step R across L, Step L back, Touch R heel fwd, Step R down
3 – 4	Step L across R, Step R across L
5 & 6	Step L fwd , Pivot ½ Turn R, Step L fwd (03.00)
7 - 8	½ Turn L step R back, ½ Turn L step L fwd

[17-25]☐Side, Sailor Point, ¼ Turn L, Syncopated Jazz Box, Side Rock , ¼ L , Step fwd☐

1	Step R to R side
2 & 3	Sweep L behind R, Step R to R side, Point L to L side
4	¼ Turn L step L down and sweep R fwd (12.00)
5	Step R across L
6 & 7	Step L back, Step R to R side, Step L across R
8 & 1	Rock R to R side, Recover on L making ¼ Turn L, Step R fwd (09.00)

Hand options: count 3: You can put your hands on your heart and facing diag. right

[26-32]☐Cross, Full Turn R, Step fwd, Step Fwd,Pivot ¼ Turn R, ¾ Turn L, Step fwd

2 – 3	Step L across R, Full Turn R (Weight on L)
4	Step R fwd
5 & 6	Step L fwd, Pivot ¼ Turn R, Step L across R (12.00)
7 & 8	¼ Turn L step R back, ½ Turn L step L fwd , Step R fwd ☐ (03.00)

Restart during wall 5 (facing 3 O'clock wall:
After count 16 add an & count Step R next to L and start again with count 1

Ending: End last wall after count 30 facing the front wall

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