Beat of the Music (P)

Level: Improver Partner

Choreographer: Lyndy (USA) - April 2016

Music: Beat of the Music - Brett Eldredge

* For the Mishnock & Friends, Maya Riviera Country Dance Vacation in Mexico *

Skaters Position - right hands joined at woman's hip, 16 count intro

[1-8]□ROCK, COASTER, ROCK, SIDE ROCK WITH ¼ TURN

- 1,2,3&4 Rock fwd L, recover R, step back L, step R next to L, step fwd L
- 5,6,7,8& Rock fwd R, recover L, turn ¼ right and side rock on R, recover L, & pull R next to L

[9-16]□2 RIGHT SIDE SKATES, LYNDY RIGHT

- Turn 1/8 right and slide R to right side, turn 1/8 left and slide L next to R 1,2
- 3,4 Repeat 1.2

Count: 32

Shuffle to right side R-L-R, rock back L behind R, recover R 5&6,7,8

[17-24] 3 SHUFFLES WITH WINDMILL TURN, STEP FORWARD R, TOUCH L TO SIDE

- Turn ¼ left and shuffle forward (toward LOD) L-R-L (move joined rights hands from woman's 1&2 right hip and straighten right arms)
- Turn ¹/₂ left while shuffling R-L-R (Couple will break left hands. Joined right hands will pass 3&4 over woman's head then lower to waist height.)
- 5&6 Turn ½ left while shuffling L-R-L. (Left hand will rejoin at□left waist as right hands break. Joined left hands will pass over woman's head. Rejoin right hands at woman's right hip returning to skaters position)
- 7.8 Walk forward R, touch L to left side

[25-32] STEP FORWARD L, TOUCH R, STEP BACK R, TOUCH L, 2 SHUFFLES

- 1,2,3,4 Step fwd L, touch R toe forward, step back onto R, touch L toe back
- 5&6,7&8 Shuffle forward L-R-L, shuffle forward R-L-R

Repeat

For more details, contact Lyndy by email at Dantsman@aol.com





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