A Master and A Tigress

Level: Improver

Choreographer: Nina Chen (TW) - May 2014

Count: 32

Music: Women are Tigresses

Intro: 32 counts	
Section 1.[1 - 8] : HEEL HOOK X2 - FORWARD – LOCK – FORWARD - TOGETHER. 1-2 Point R heel diagonal R - Hook RF cross over LF (Hitch R knee in front L knee but RF cross over)	
3-4	Point R heel diagonal R - Flick RF (hook RF behind)
5-6	Step RF forward - Lock LF behind RF
7-8	Step RF forward - Step LF together with RF
(Bend both knees slightly and put hands together, palm to palm, as if in a prayer)	
Section 2.[9 - 16]: SWIVELS. X4	
1-2	On ball of RF and heel of LF twist both feet to L (body turning accordingly) - Return to previous position
3-4	On ball of LF and heel of RF twist both feet to R (body turning accordingly) - Return to previous position
5-6	On ball of RF and heel of LF twist both feet to L (body turning accordingly) - Return to previous position
7-8	On ball of LF and heel of RF twist both feet to R (body turning accordingly) - Return to previous position
(5-8 is a repeat of 1-4)	
Section 3.[17 - 24] : COASTER STEP – SCISSORS WITH 1/4 TURN - SIDE MAMBO X2	
1&2	Step RF back - Step LF beside RF - Step RF forward
3&4	Step LF to L - Step RF beside LF - Turn R 1/4(3:00) Step RF forward
5&6	Rock RF to R - Recover onto LF - Step RF next to LF
7&8	Rock LF to L - Recover onto RF - Step LF next to RF
Section 4.[25 - 32]: FORWARD - TOUCH TOE – RECOVER - TURN FORWARD. X2	
1-2 -	Step RF forward - Touch LF toe behind RF
3-4	Recover onto LF - Turn R ½ (9:00) and stepping RF forward
5-6	Step LF forward - Touch RF toe behind LF
7-8	Recover onto RF - Turn L $^{1\!/_2}$ (3:00) and stepping LF forward
Tag 1:(8 counts) at the end of wall 1, wall 5, wall 9 (facing 3:00) at the end of wall 4, wall 8, wall 12 (facing the front wall) WEAVE – TOUCH X2	
1-2	Step RF to R - Cross LF behind RF –
3-4	Step RF to R - Touch LF beside RF
5-6	Step LF to L - Cross RF behind LF –
7-8	Step LF to L - Touch RF beside LF
Tag 2: (16 counts) at the end of wall 2, wall 6, wall 10 (facing 6:00) Section 1.[1 - 8] ROCKING CHAIR - ROCK – RECOVER – CHA CHA CHA	
1-2	Rock RF forward - Recover onto LF
3-4	Rock RF behind - Recover onto LF

- 5-6 Rock RF to R Recover onto LF
- 7&8 Cha Cha Cha on the spot(RLR)



Wall: 4





Section 2.[9 - 16] ROCKING CHAIR - ROCK - RECOVER - CHA CHA CHA

- 1-2 Rock LF forward Recover onto RF
- 3-4 Rock LF behind Recover onto RF
- 5-6 Rock LF to L Recover onto RF
- 7&8 Cha Cha Cha on the spot(LRL)

Have Fun & Happy Dancing!

Contact - Nina Chen: nina.teach.dance@gmail.com