Take These Chains

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Michael Barr (USA) - June 2014
Music: Take These Chains - Scooter Lee : (CD: I'm Gonna Love You Forever)

Music available from major download sites worldwide or www.ScooterLee.com

Intro: 32 counts – Start on the word "Chains". No Tags Or Restarts - 136 bpm

[1-8]☐VINE RIGHT with 3 KICKS

1-2	Step R to right; Step L behind R
3-4	Step R to right; Kick L across R
5-6	Step L to left; Kick R across L
7-8	Step R to right; Kick L across R

[9-16]☐VINE LEFT with 3 KICKS

1-2	Step L to left; Step R behind L
3-4	Step L to left; Kick R across L
5-6	Step R to right; Kick L across R
7-8	Step L to left; Kick R across L

[17-24]☐LOCK STEP BACK KICK - LOCK STEP BACK KICK

1-2	Step R back; Lock step L across front of R (hips are now facing the right diagonal)
3-4	Step R back (square up to front wall); Kick L forward (low soft kick)
5-6	Step L back; Lock step R across front of L (hips are now facing the left diagonal)
7-8	Step L back (square up on the front wall); Kick R forward (low soft kick)

[25-32]☐STEP TOUCHES with 1/4 TURN LEFT

1-2	Step R back to back right diagonal; Touch L next to R
3-4	Step L forward; Touch R next to L
5-6	Turn ¼ left stepping R to right; Touch L next to R
7-8	Step L to left; Touch R next to L

BEGIN AGAIN!

Contact - Michael Barr – Corning, California, USA – mbarr@saber.net