

All About That Bass

Count: 32

Wall: 4

Level: Beginner

Choreographer: Gail A. Dawson (USA) - July 2014

Music: All About That Bass - Meghan Trainor



32 count intro

Modified Rumba Boxes

- | | |
|-----|--|
| 1-2 | Right foot step to the right, left foot steps beside right |
| 3-4 | Right foot steps forward, left foot taps beside right |
| 5-6 | Left foot taps to the left, then beside right |
| 7-8 | Hip roll (alternate move – another tap out and back) weight ends up on right |
| | |
| 1-2 | Left foot step to the left, right foot steps beside left |
| 3-4 | Left foot steps back, right foot taps beside left |
| 5-6 | Right foot taps to the right, then beside left |
| 7-8 | Hip roll (alternate move – another tap out and back) weight ends up on left |

Vine

- | | |
|-----|---|
| 1-2 | Right foot steps to the right, left crosses behind right |
| 3-4 | Right foot steps to the right, left heel touches diagonally forward |
| 5-6 | Left foot steps to the left, right foot crosses behind left |
| 7-8 | Left foot steps to the left, right heel touches diagonally forward |

Toe Struts and Hip Rolls

- | | |
|-----|---|
| 1-2 | Step forward on right toe, drop heel taking weight |
| 3-4 | step forward on left toe, drop heel taking weight |
| 5-6 | Hip roll 1/8th turn to the left (counter clockwise) |
| 7-8 | Hip roll 1/8th turn to the left (counter clockwise) |

Start again

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Last Update - 6th Aug 2014
